

## **Healthy Lifestyle Centers (HLCs) established**

There are 707 Healthy Lifestyle Centers (hospital & field) functioning island-wide. These centers provide screening for selected Non Communicable Diseases. Fasting Blood Sugar testing, cholesterol testing, blood pressure testing, height, weight and BMI testing, and life style guidance is provided in these clinics. If a person is found to have hypertension, diabetes or cardio vascular risk factors he/ she will be referred to a hospital for further care. The list of institutions where HLCs have been established are listed below.

No.	MOH Area	Name of the Health Institution
<b>Ampara- 17</b>		
1.	Ampara	MOH Ampara
2.	Mahaoya	DBH Mahaoya
3.	Lahugala	DH Lahugala
4.	Padiyathalawa	DH Padiyathalawa
5.	Damana	DH Damana
6.	Damana	DH Thottama
7.	Damana	DH Wadinagala
8.	Damana	PMCU Pannalgama
9.	Damana	PMCU Madawalalanda
10.	Damana	PMCU Koknahara
11.	Dehiattakandiya	PMCU Mawanawela
12.	Dehiattakandiya	PMCU Lihiniyagama
13.	Dehiattakandiya	PMCU Nawamedagama
14.	Uhana	DH Senarathpura
15.	Uhana	PMCU Mangalagama
16.	Uhana	PMCU Weeragoda
17.	Uhana	PMCU Uhana
<b>Anuradhapura - 12</b>		
18.	Horowpothana	DH Horowpothana
19.	Mihinthale	DH Mihinthale
20.	Padaviya	PMCU Mahasenpura
21.	Nuwarampalatha East	DH Nelubewa
22.	Nuwarampalatha East	PMCU Vijeyapura
23.	Nuwarampalatha East	PMCU Pubudupura
24.	Nochchiyagama	DH Nochchiyagama
25.	Nochchiyagama	PMCU Galadiwulwewa
26.	Galenbidhunuwewa	DH Huruluwewa
27.	Ipologama	DH Senapura
28.	Kekirawa	DH Kekirawa
29.	Thirappane	DH Pairamaduwa
<b>Badulla - 47</b>		
30.	Badulla	MOH Badulla
31.	Badulla	DH Kandagolla
32.	Mahiyangana	MOH Mahiyangana
33.	Mahiyangana	BH Mahiyangana
34.	Haputhale	BH Diyathalawa
35.	Haputhale	DH Haputhale

36.	Haputhale	MOH Haputhale
37.	Welimada	BH Welimada
38.	Welimada	CD Keppetipola
39.	Welimada	DH Bogahakumbura
40.	Bandarawela	MOH Bandarawela
41.	Bandarawela	CD Liyangahawela
42.	Passara	CD Meedumpitiya
43.	Passara	DH Passara
44.	Passara	DH Metigahathanna
45.	Passara	CD&MH Bibilegama
46.	Passara	DH Ury
47.	Giradurukottee	MOH Giradurukotte
48.	Giradurukottee	DH Giradurukotte
49.	Haldummulla	MOH Haldummulla
50.	Haldummulla	DH Koslanda
51.	Haldummulla	DH Haldummulla
52.	Haldummulla	DH Poonagala
53.	Uvaparanagama	MOH Uvaparaganama
54.	Uvaparanagama	DH Uvaparanagama
55.	Uvaparanagama	DH Wewegama
56.	Uvaparanagama	DH Kirkeels
57.	Uvaparanagama	CD Pannalawela
58.	Uvaparanagama	DH Downside
59.	Kandaketiya	DH Kandaketiya
60.	Kandaketiya	DH Galauda
61.	Meegahakiula	MOH Meegahakiula
62.	Meegahakiula	DH Meegahakiula
63.	Rideemaliyedda	MOH Rideemaliyedda
64.	Rideemaliyedda	DH Uraniya
65.	Ella	DH Demodara
66.	Ella	CD Ballaketuwa
67.	Ella	CD Ella
68.	Ella	CD Namunukula
69.	Ella	CD Halpe
70.	Haliela	DH Springvally
71.	Haliela	DH Etampitiya
72.	Haliela	MOH Haliela
73.	Haliela	DH Unugolla
74.	Haliela	CD Rilpola
75.	Soranathota	DH Kandegadara
76.	Soranathota	CD Thaldena
77.	Lunugala	MOH Lunugala
78.	Lunugala	DH Lunugala

#### **Batticaloa - 9**

79.	Valaichenai	BH Valaichenai
80.	Kaluwanchikudy	BH Kaluwanchikudy
81.	Kaluwanchikudy	DH Kallar
82.	Kattankudy	BH Kattankudy
83.	Eravur	BH Eravur
84.	Arayampathy	DH Arayampathy

85.	Chengalady	DH Chegalady
86.	Kiran	DH Santhively
87.	Paddipalai	CD & MH Kokkaddicholai
88.	Vaharai	DH Vaharai
89.	Vavunathivu	DH Mandapaththadi
90.	Arayampathy	CD & MH Palamunai
<b>Colombo - 8</b>		
91.	Boralesgamuwa	CD Boralesgamuwa
92.	Hanwella	CD waga
93.	Hanwella	BH Avissawella
94.	Homagama	CD Brahkmanagama
95.	Kaduwela	CD Dedigamuwa
96.	Maharaghama	CD Pannipitiya
97.	Moratuwa	CD Koralawella
98.	Pitakotte	CD madiwela
<b>Galle - 39</b>		
99.	Baddegama	DH Baddegama
100.	Baddegama	MOH Baddegama
101.	Hikkaduwa	PU Hikkaduwa
102.	Hikkaduwa	MOH Hikkaduwa
103.	Hikkaduwa	CD Hikkaduwa
104.	Thawalama	DH Hiniduma
105.	Thawalama	MOH Thawalama
106.	MC Galle	CD Thalapitiya
107.	Habaraduwa	OHC Habaraduwa
108.	Habaraduwa	MOH Habaraduwa
109.	Habaraduwa	DH Unawatuna
110.	Ambalangoda	DH Ambalangoda
111.	Ambalangoda	MOH Ambalangoda
112.	Imaduwa	DH Imaduwa
113.	Imaduwa	MOH Imaduwa
114.	Karandeniya	DH Karandeniya
115.	Induruwa	PU Benthota
116.	Induruwa	MOH Induruwa
117.	Niyagama	RH Niyagama
118.	Niyagama	MOH Niyagama
119.	Neluwa	RH Neluwa
120.	Neluwa	MOH Neluwa
121.	Bope Poddala	CD Ginthota
122.	Bope Poddala	MOH Bope Poddala
123.	Waliwitiya Divithura	CD Agaliya
124.	Waliwitiya Divithura	MOH Waliwitiya Divithura
125.	Yakkalamulla	CD Yakkalamulla
126.	Yakkalamulla	MOH Yakkalamulla
127.	Balapitiya	CD Ahungalla
128.	Balapitiya	MOH Balapitiya
129.	Akmeemana	CD Pilana
130.	Akmeemana	MOH Akmeemana
131.	Akmeemana	CD Wanduramba
132.	Elpitiya	CD Amugoda

133.	Elpitiya	MOH Elpitiya
134.	Udugama	BH Udugama
135.	Udugama	RH Nagoda
136.	Udugama	MOH Udugama
137.	Gonapeenuwala	MOH Gonapeenuwala
<b>Gampaha - 19</b>		
138.	Gampaha	DGH Gampaha
139.	Divulapitiya	DH Akaragama
140.	Dompe	DH Dompe
141.	Dompe	DH Radawana
142.	Athtanagalle	BH Wathupitiwala
143.	Negambo	DGH Negambo
144.	Biyagama	DH Biyagama
145.	Kelaniya	CD Sinharamulla
146.	Kelaniya	BH Kiribathgoda
147.	Minuwangoda	CD Madelgamuwa
148.	Minuwangoda	CD Korasa
149.	Aththanagalla	CD Thihariya
150.	Aththanagalla	CD Benmulla
151.	Mahara	DH Udupila
152.	Meerigama	CD Muddaragama
153.	Meerigama	CD Ambepussa
154.	Jaela	DH Jaela
155.	Wattala	CD Handala
156.	Seeduwa	CD Seeduwa
<b>Hambantota - 10</b>		
157.	Kariyamaditta	D H Kariyamaditta
158.	Tissa	PU Kirinda
159.	Lunugamvehera	PU Lunugamvehera
160.	Weeraketiya	P U Weeraketiya
161.	Weeraketiya	RH Gonadeniya
162.	Weeraketiya	CD Galpoththayaya
163.	Ambalantota	PU Ambalantota
164.	Tangalle	BH Tangalle
165.	Agunukolapelessa	DH Kariyamaditta
166.	Agunukolapelessa	RH Hakuruwela
<b>Jaffna - 52</b>		
167.	Sandilipay	MOH Office Sandilipay
168.	Sandilipay	D. H Panditaripu
169.	Sandilipay	D.H. Manipay
170.	Sandilipay	D.H.Ilavai
171.	Chankanai	MOH Office,Chankanai
172.	Chankanai	D.H Chankanai
173.	Chankanai	D.H Vadukoddai
174.	Chankanai	PMCU Vaddukkodai
175.	Chankanai	PMCU Tholpuram
176.	Tellipalai	MOH Office, Tellipalai
177.	Tellipalai	B.H Tellipalai
178.	Tellipalai	D.H Alaveddy
179.	Tellipalai	PMCU,Punnalaikadduvan

180.	Uduvil	MOH Office, Uduvil
181.	Uduvil	PMCU Chunnakam
182.	Uduvil	PMCU Erlalai
183.	Uduvil	PMCU Inuvil
184.	Uduvil	PMCU Uduvil
185.	Kopay	MOH Office, Kopay
186.	Kopay	D.H Kopay
187.	Kopay	D.H Atchuveli
188.	Kopay	PMCU Urumpirai
189.	Kopay	PMCU Puttur
190.	Nallur	MOH Office, Nallur
191.	Nallur	D.H Kondavil
192.	Nallur	PMCU Jaffna
193.	Nallur	PMCU Kokuvil
194.	Jaffna	MOH Office, Jaffna
195.	Jaffna	D.H Gurunagar
196.	Kayts	MOH Office, Kayts
197.	Kayts	B.H Kayts
198.	Kayts	D.H Karainagar
199.	Kayts	D.H Analaitivu
200.	Kayts	PMCU Eluvaitivu
201.	Velanai	MOH Office, Velanai
202.	Velanai	D.H Velanai
203.	Velanai	D.H Delft
204.	Velanai	D.H Nainativu
205.	Velanai	D.H Pungudutivu
206.	Chavakacheri	MOH Office, Chavakacheri
207.	Chavakacheri	B.H Chavakacheri
208.	Chavakacheri	D.H Kodikamam
209.	Chavakacheri	D.H Varani
210.	Chavakacheri	PMCU Kaithady
211.	Pointpedro	MOH Office, Pointpedro
212.	Pointpedro	B.H Pointpedro
213.	Pointpedro	PMCU Pointpedro
214.	Pointpedro	D.H Ampam
215.	Pointpedro	D.H Maruthankerni
216.	Pointpedro	DH. Valvettithurai
217.	Karaveddy	MOH Office, Karaveddy
218.	Karaveddy	D.H Karaveddy
<b>Kalmunai - 40</b>		
219.	Pottuvil	BH Pottuvil
220.	Sammanthurai	BH Sammanthurai
221.	Nithavur	DH Ninthavur
222.	Thirukkovil	DH Thirukkovil
223.	Akkaraipattu	DH Akkaraipattu
224.	Addalaichenai	DH Addalaichenai
225.	Addalaichenai	DH Palamunai
226.	Addalaichenai	DH Oluvil
227.	Karaitivu	DH Karaitivu
228.	Sainthamarudu	DH Sainthamarudu

229.	Kalmunai (South)	DHMaruthamunai
230.	Navithanveli	DH Cental Camp
231.	Irakkamam	DH Irakkamam
232.	Addalaichenai	DH Deegawapiya
233.	Pottuvil	PMCU Komary
234.	Alayadivembu	PMCU Panankadu
235.	Samanthurai	PMCU Malwatta
236.	Navithanveli	PMCU Sorikalmunai
237.	Pottuvil	PMCU Ullai
238.	Akkaraipattu	PMCU Mohamadiyapuram
239.	Addalaichenai	PMCU Alamkulam
240.	Samanthurai	PMCU Sennelkiramam
241.	Karaitivu	PMCU Karaitivu
242.	Kalmunai (North)	PMCU Periyaneelavanai
243.	Kalmunai (North)	PMCU Chenaikudiyiruppu
244.	Navithanveli	PMCU Annamalai
245.	Pottuvil	MOH Pottuvil
246.	Thirukovil	MOH Thirukovil
247.	Alayadivembu	MOH Alayadivembu
248.	Akkaraipattu	MOH Akkaraipattu
249.	Addalaichenai	MOH Addalaichenai
250.	Ninthavur	MOH Ninthavur
251.	Karaitivu	MOH Karaitivu
252.	Samanthurai	MOH Sammanthurai
253.	Irakkamam	MOH Irakkamam
254.	Sainthamaruthu	MOH Sainthamaruthu
255.	Kalmunai South	MOH Kalmunai South
256.	Kalmunai North	MOH Kalmunai North
257.	Navithanveli	MOH Navithanveli
258.	Kalmunai South	RHHS office Mobile HLC
<b>Kalutara - 15</b>		
259.	Palindanuwara	PMCU Baduraliya
260.	Bandaragama	DH Bandaragama
261.	Bulathsinhala	PMCU Bulathsinhala
262.	Bulathsinhala	MOH Bulathsinhala
263.	Galpatha	PMCU Galpatha
264.	Horana	BH Horana
265.	Ingiriya	DH Ingiriya
266.	Mathugama	DH Mathugama
267.	Walallawita	DH Meegahathanna
268.	Walallawita	DH Itthapana
269.	Panadura	BH Panadura
270.	Agalawatta	BH Pimbura
271.	Dodangoda	MHO Dodangoda
272.	Kalutara	PMCU Wadduwa
273.	Mathugama	PMCU Katugahahene
<b>Kandy - 20</b>		
274.	Manikhinna	DH Menikhinne
275.	Hatharaliyadda	DH Hatharaliyadda
276.	Panvila	DH Madolkele

277.	Thalathuoya	DH Marassana
278.	Nawalapitiya	DGH Nawalapitiya
279.	Warallagama	DH Thithhpajjala
280.	Galagedara	MOH Galagedara
281.	Madadumbara	DH Theldeniya
282.	Gangawata	DH Katugasthota
283.	Gangawata	PMCU Suduhumpola
284.	Panwilathenna	PMCU Panwilathenna
285.	Kadugannawa	DH Kadugannawa
286.	Doluwa	DH Panvilathenna
287.	Gangaihala	DH Kuruduwatththa
288.	Udunuwara	DH Mampitiya
289.	Yatinuwara	DH Kadugannawa
290.	Yatinuwara	DH Muruthalawa
291.	Hasalaka	DH Hasalaka
292.	Akurana	DH Akurana
293.	Galah	DH Deltota
<b>Kegalle - 47</b>		
294.	Kegalle	T.H.Kegalle
295.	Kegalle	R.H.Gantuna
296.	Kegalle	C.D. Kehelwaththa
297.	Kegalle	CD Karadupana
298.	Kegalle	MOH Kegalle
299.	Mawanella	B.H.Mawanella
300.	Mawanella	P.U.Hemmathagama
301.	Mawanella	C.D.Uyanwaththa
302.	Mawanella	MOH Mawanella
303.	Warakapola	B.H. Warakapola
304.	Warakapola	R.H.Mahapallegama
305.	Warakapola	R.H.Beligala
306.	Warakapola	CD & MH Algama
307.	Warakapola	CD Nelundeniya
308.	Warakapola	MOH Warakapola
309.	Rambukkana	D.H.Rambukkana
310.	Rambukkana	C.D. Baddewala
311.	Rambukkana	MOH Rambukkana
312.	Aranayake	D.H.Aranayake
313.	Aranayake	C.D. Wakirigala
314.	Aranayake	C.D.Rahala
315.	Aranayake	HLC Wattegedara
316.	Aranayake	MOH Aranayake
317.	Bulathkohupitiya	D.H.Undugoda
318.	Bulathkohupitiya	R.H.Dedugala
319.	Bulathkohupitiya	R.H.Kiriporuwa
320.	Bulathkohupitiya	CD & MH Bulathkohupitiya
321.	Bulathkohupitiya	MOH Bulathkohupitiya
322.	Yatiyantota	D.H.Kithulgala
323.	Yatiyanthota	R.H.Halgolla
324.	Yatiyanthota	MOH Yatiyanthota
325.	Deraniyagala	D.H.Deraniyagala

326.	Deraniyagala	C.D. Pothdenikanda
327.	Deraniyagala	MOH Deraniyagala
328.	Ruwanwella	BH Karawnella
329.	Ruwanwella	R.H.Gonagaldeniya
330.	Ruwanwella	R.H.Amithirigala
331.	Ruwanwella	C.D.Galapitamada
332.	Ruwanwella	MOH Ruwanwella
333.	Dehiovita	R.H.Hinguralakanda
334.	Dehiovita	R.H. Sapumalkanda
335.	Dehiovita	C.D.Boralankada
336.	Dehiovita	MOH Dehiovita
337.	Galigamuwa	R.H.Pindeniya
338.	Galigamuwa	MRU& CD.Dematapitiya
339.	Galigamuwa	CD Dewalegama
340.	Galigamuwa	MOH Galigamuwa
<b>Kilinochchi – 02</b>		
341.	Karachchi	DH Akkarayunkulum
342.	Karachchi	BH Army
343.	Kandawalai	DH Tharmapurum
344.	Poonagary	BH Mulankavil
<b>Kurunegala – 122</b>		
345.	Kurunegala	MOH Kurunegala
346.	Kurunegala	DH Thalampitiya
347.	Kurunegala	DH Wellawa
348.	Kurunegala	DH Indulgodakanda
349.	Kurunegala	PMCU Kudagalgamuwa
350.	Kurunegala	PMCU Gonagama
351.	Kurunegala	PMCU Maspotta
352.	Kuliyapitiya	MOH Kuliyapitiya
353.	Kuliyapitiya	BH Kuliyapitiya
354.	Kuliyapitiya	DH Koshena
355.	Kuliyapitiya	PMCU Wewagama
356.	Nikaweratiya	MOH Nikaweratiya
357.	Nikaweratiya	BH Nikaweratiya
358.	Nikaweratiya	PMCU Diullegoda
359.	Kobeigane	MOH Kobeigane
360.	Kobeigane	DH Kobeigane
361.	Kobeigane	PMCU Boraluwewa
362.	Narammala	MOH Narammala
363.	Narammala	BH Dambadeniya
364.	Narammala	DH Narammala
365.	Alawwa	MOH Alawwa
366.	Alawwa	DH Alawwa
367.	Alawwa	DH Nawathalwaththa
368.	Alawwa	PMCU Udumulla
369.	Alawwa	PMCU Welikare
370.	Alawwa	PMCU Boyawalana
371.	Wariyapola	MOH Wariyapola
372.	Wariyapola	DH Wariyapola
373.	Wariyapola	PMCU Minuwangete

374.	Wariyapola	PMCU Netiya
375.	Polgahawela	MOH Polgahawela
376.	Polgahawela	DH Polgahawela
377.	Polgahawela	PMCU Pothuhera
378.	Polgahawela	PMCU Wadakada
379.	Polgahawela	PMCU Udapolawaththa
380.	Pannala	MOH Pannala
381.	Pannala	DH Sandalankawa
382.	Pannala	DH Kandanegedara
383.	Pannala	DH Bopitiya
384.	Pannala	PMCU Elabadagama
385.	Pannala	PMCU Narangoda
386.	Panduwasnuwara	MOH Panduwasnuwara
387.	Panduwasnuwara	DH Hettipola
388.	Panduwasnuwara	DH Muwanhela
389.	Panduwasnuwara	MCU Moonamaldeniya
390.	Panduwasnuwara	PMCU Dotella
391.	Panduwasnuwara	PMCU Bandarakoswaththa
392.	Panduwasnuwara	PMCU Kolabagama
393.	Panduwasnuwara	PMCU Mohoththuwagoda
394.	Bingiriya	MOH Bingiriya
395.	Bingiriya	DH Bingiriya
396.	Bingiriya	DH Weerapokuna
397.	Bingiriya	PMCU Tisogama
398.	Bingiriya	PMCU Hiruwalpola
399.	Bingiriya	PMCU Tharana
400.	Udubaddawa	MOH Udubaddawa
401.	Udubaddawa	DH Dunakadeniya
402.	Udubaddawa	PMCU Udubaddawa
403.	Udubaddawa	PMCU Diwrumpola
404.	Udubaddawa	PMCU Kattimahana
405.	Udubaddawa	PMCU Horethapola
406.	Kotawehera	MOH Kotawehera
407.	Kotawehera	DH Kotawehera
408.	Kotawehera	DH Mahagirilla
409.	Kotawehera	PMCU Kelegama
410.	Kotawehera	PMCU Kadigawa
411.	Kotawehera	PMCU Rasnayakapura
412.	Maho	MOH Maho
413.	Maho	DH Maho
414.	Maho	DH Karambe
415.	Maho	DH Nagollagama
416.	Maho	CD Balalla
417.	Ambanpola	MOH Ambanpola
418.	Ambanpola	DH Ambanpola
419.	Galgamuwa	MOH Galgamuwa
420.	Galgamuwa	BH Galgamuwa
421.	Galgamuwa	DH Meegalewa
422.	Galgamuwa	DH Mahananneriya
423.	Galgamuwa	DH Ehetuwewa

424.	Galgamuwa	DH Atharagalla
425.	Galgamuwa	PMCU Usgalasiyambalangamuwa
426.	Giribawa	MOH Giribawa
427.	Giribawa	DH Giribawa
428.	Giribawa	DH Rajangane
429.	Polpithigama	MOH Polpithigama
430.	Polpithigama	DH Polpithigama
431.	Polpithigama	DH Nikawewa
432.	Polpithigama	PMCU Makulpotha
433.	Polpithigama	PMCU Kalugalla
434.	Polpithigama	PMCU Thalawa
435.	Polpithigama	PMCU Madahapola
436.	Polpithigama	PMCU Pothuwila
437.	Polpithigama	PMCU Talakolawewa
438.	Ibbagamuwa	MOH Ibbagamuwa
439.	Ibbagamuwa	DH Gokarella
440.	Ibbagamuwa	DH Mookalanyaya
441.	Ibbagamuwa	PMCU Batalagoda
442.	Ibbagamuwa	PMCU Kimbulwanaoya
443.	Ibbagamuwa	PMCU Melsiripura
444.	Mawathagama	MOH Mawathagama
445.	Mawathagama	DH Mawathagama
446.	Mawathagama	PMCU Weuda
447.	Mawathagama	PMCU Digampitiya
448.	Mawathagama	PMCU Inguruwaththa
449.	Mawathagama	PMCU Kahapathwala
450.	Rideegama	MOH Rideegama
451.	Rideegama	DH Rideegama
452.	Rideegama	DH Delwita
453.	Rideegama	DH Gonigoda
454.	Ganewaththa	MOH Ganewaththa
455.	Ganewaththa	DH Hiripitiya
456.	Ganewaththa	PMCU Kakunagolla
457.	Katupotha	MOH Katupotha
458.	Katupotha	DH Katupotha
459.	Katupotha	PMCU Bihalpola
460.	Katupotha	PMCU Kakunagolla
461.	Wirabugedara	MOH Wirabugedara
462.	Wirabugedara	DH Gonawa
463.	Wirabugedara	PMCU Uhumeeya
464.	Bamunakotuwa	Bamunakotuwa
465.	Bamunakotuwa	Ethanawaththa
466.	MC Karunegala	MC Karunegala

#### **Mannar - 09**

467.	Mannar town	DGH Mannar
468.	Mannar town	DH Thalaimannar
469.	Mannar town	DH Pesalai
470.	Manthai west	DH Vidathaltheevu
471.	Manthai west	DH Adampan
472.	Nanattan	DH Nanattan

473.	Nanattan	DH Murunkan
474.	Musali	DH Chilawathurai
475.	Madhu	DH P.Periyavirichchan
<b>Matale - 21</b>		
476.	Ukuwela	DH Owilikanda
477.	Ukuwela	PMCU Ukuwela
478.	Dambulla	PMCU Wewalwewa
479.	Dambulla	DH Lenadora
480.	Dambulla	DH Sigiriya
481.	Galewela	DH Galewela
482.	Galewela	PMCU Madipola
483.	Naula	DH Nalanda
484.	Naula	DH Kongahawela
485.	Rattota	DH Rattota
486.	Rattota	PMU Kandenuwara
487.	Yatawatte	DH Yatawatte
488.	Laggalapallegama	DH Laggala Pallegama
489.	Laggalapallegama	DH Amuna
490.	Wilgamuwa	DH Hettipola
491.	Wilgama	Handungamuwa
492.	Pallepola	PMU Pallepola
493.	Mc/matale	DGH Matale
494.	Matale	Aluwiharaya
495.	Matale	Madawal ulpota
496.	A/Korale	PMCU Grubabila
<b>Matara – 17</b>		
497.	Pasgoda	DH Urubokka
498.	Pasgoda	DH Mawarala
499.	Dickwella	DH Dickwella
500.	Dickwella	DH Urugamuwa
501.	Kamburupitiya	DH Ruhunugama
502.	Weligama	DH Weligama
503.	Weligama	CD Mirissa
504.	Weligama	CD Kamburugamuwa
505.	Hakmana	DH Gangodagama
506.	Hakmana	DH Narawelpita
507.	Kekanadura	CD Kekanadura
508.	Akuressa	DH Akuressa
509.	Devinuwara	DH Thalalla
510.	Devinuwara	CD Devinuwara
511.	Morawaka	DH Morawaka
512.	Mulatiyana	DH Deiyandara
513.	Kirinda	CD Kirinda
<b>Moneragala – 37</b>		
514.	Moneragala	MOH Moneragala
515.	Siyambalanduwa	BH Siyambalanduwa
516.	Siyambalanduwa	CD Kotiyagala
517.	Siyambalanduwa	DH Ethimale
518.	Siyambalanduwa	CD Buddama
519.	Siyambalanduwa	CD Dombagahawela

520.	Madulla	DH Dambagalla
521.	Madulla	CD Deliwa
522.	Madulla	DH Iginiyagala
523.	Madulla	CD Rathmalgahaella
524.	Bibila	BH Bibila
525.	Bibila	CD Kotagama
526.	Bibila	DH Pitakumbura
527.	Bibila	MOH Bibila
528.	Sevanagala	DH Sevanagala
529.	Sevanagala	MOH Sevanagala
530.	Tanamalwila	DH Tanamalwila
531.	Tanamalwila	DH Hambegamuwa
532.	Tanamalwila	MOH Tanamalwila
533.	Wellawaya	BH Wellawaya
534.	Wellawaya	DH Handapanagala
535.	Badalkumbura	DH Badalkumbura
536.	Badalkumbura	CD Dewatura
537.	Badalkumbura	DH Higurukaduwa
538.	Badalkumbura	MOH Badalkumbura
539.	Medagama	DH Medagama
540.	Medagama	CD Nannapurawa
541.	Medagama	CD Godigamuwa
542.	Medagama	CD Bakinigahawela
543.	Buttala	DH Buttala
544.	Buttala	DH Okkampitiya
545.	Buttala	MOH Buttala
546.	Kataragama	DH Kataragama
547.	Kataragama	MOH Kataragama
<b>Mullaitive - 7</b>		
548.	Mullaitive	DH Alampil
549.	Mullaitive	DH Unnapulavu
550.	Puthukudyiruppu	DH Puthukudyiruppu
551.	Puthukudyiruppu	DH Moonkilaru
552.	Oddusuddan	DH Oddusuddan
553.	Oddusuddan	BH Mankulam
554.	Mallavi	DH Naddankandal
<b>Nuwara Eliya – 14</b>		
555.	Pundaluoya	PMCU Kothmale
556.	Watawala	DH Watawala
557.	Laxapana	DH Laxapana
558.	Nanuoya	PMCU Nanuoya
559.	Kandapola	PMCU Kandapola
560.	Bogawanthalawa	DH Bogawanthalawa
561.	Agarapathana	DH Agarapathana
562.	Lindula	DH Lindula
563.	Kotagala	DH Kotagala
564.	Nuwaraeliya	GH Nuwaraeliya
565.	Nawathispante	PMCU Nawathispante
566.	Madulla	PMCU Madulla
567.	Kothmale	PMCU Kothmale

<b>568.</b>	Ragala	PMCU Ragala
<b>Polonnaruwa – 30</b>		
<b>569.</b>	Thamankaduwa	GH Polonnaruwa
<b>570.</b>	Thamankaduwa	CD Parakrama Samudraya
<b>571.</b>	Thamankaduwa	MOH Thamankaduwa
<b>572.</b>	Medirigiriya	BH Medirigiriya
<b>573.</b>	Medirigiriya	CD Diulankadawala
<b>574.</b>	Medirigiriya	CD Wijepura
<b>575.</b>	Medirigiriya	CD Ambagaswewa
<b>576.</b>	Medirigiriya	MOH Medirigiriya
<b>577.</b>	Hingurakgoda	CD Hathareskotuwa
<b>578.</b>	Hingurakgoda	CD Galoya
<b>579.</b>	Hingurakgoda	DH Jayanthipura
<b>580.</b>	Hingurakgoda	Dis.Hos. Hingurakgoda
<b>581.</b>	Hingurakgoda	MOH Hingurakgoda
<b>582.</b>	Bakamoona	DH Bakamoona
<b>583.</b>	Bakamoona	CD Attanakadawala
<b>584.</b>	Bakamoona	CD Diyabeduma
<b>585.</b>	Bakamoona	MOH Bakamoona
<b>586.</b>	Welikanda	BH Welikanda
<b>587.</b>	Welikanda	CD Sewanapitiya
<b>588.</b>	Welikanda	MOH Welikanda
<b>589.</b>	Dimbulagala	CD Dhamminne
<b>590.</b>	Dimbulagala	CD Ellewewa
<b>591.</b>	Dimbulagala	CD Veheragala
<b>592.</b>	Dimbulagala	CD Nuwaragala
<b>593.</b>	Dimbulagala	CD Siripura
<b>594.</b>	Dimbulagala	CD Kekulawala
<b>595.</b>	Dimbulagala	CD Manapitiya
<b>596.</b>	Dimbulagala	DH Aralaganwila
<b>597.</b>	Dimbulagala	MOH Dimbulagala
<b>598.</b>	Lankapura	MOH Lankapura
<b>Puttalam – 39</b>		
<b>599.</b>	Puttalam	BH Puttalam
<b>600.</b>	Puttalam	CD Karathivu
<b>601.</b>	Puttalam	CD & MH Kottanthivu
<b>602.</b>	Puttalam	CD Puladiwayal
<b>603.</b>	Puttalam	CD Alkasim
<b>604.</b>	Anamaduwa	DH Anamaduwa
<b>605.</b>	Anamaduwa	CD Mudalakkuliya
<b>606.</b>	Anamaduwa	CD Pllama
<b>607.</b>	Anamaduwa	CD & MH Mahakumbukkadawala
<b>608.</b>	Anamaduwa	RH Kottuchchiya
<b>609.</b>	Arachchikattuwa	CD Wijayakatupotha
<b>610.</b>	Arachchikattuwa	RH Anawilundawa
<b>611.</b>	Arachchikattuwa	MOH Arachchikattuwa
<b>612.</b>	Chilaw	CD Thambagalla
<b>613.</b>	Chilaw	CD Kokkawila
<b>614.</b>	Chilaw	PU Galmuruwa
<b>615.</b>	Chilaw	PU Madampe

616.	Dankotuwa	CD Pothuwatawana
617.	Dankotuwa	CD Mellawa
618.	Dankotuwa	DH Dankotuwa
619.	Dankotuwa	CD Kirimetiyan
620.	Kalpitiya	CD Kandakuda
621.	Kalpitiya	CD Karambe
622.	Kalpitiya	DH Kalpitiya
623.	Karuwalagaswewa	RH Thabbowa
624.	Karuwalagaswewa	CD & MH Aluthgama
625.	Karuwalagaswewa	RH - Nawagattegama
626.	Mahawewa	CD - Yatakalan
627.	Mundal	CD- Madurankuliya
628.	Mundal	CD & MH Kottanthivu
629.	Mundal	DH Mundal
630.	Mundal	RH Udappuwa
631.	Natthandiya	CD Walahapitiya
632.	Natthandiya	BH Marawila
633.	Natthandiya	CD Maningala
634.	Naththandiya	CD Koswatta
635.	Naththandiya	CD Naththandiya
636.	Wennappuwa	CD Nainamadama
637.	Wennappuwa	CD Wennappuwa
<b>Rathnapura – 42</b>		
638.	Balangoda	BH Balangoda
639.	Balangoda	DH Kaltota
640.	Balangoda	RH Marathenna
641.	Balangoda	ERH Rassagala
642.	Balangoda	CD Pinnawala
643.	Balangoda	RH Mahawalathenna
644.	Kahawatta	BH Kahawatta
645.	Kahawatta	ERH Endana
646.	Kalawana	BH Kalawana
647.	Kalawana	PU Pothupitiya
648.	Kalawana	CD Galpaya
649.	Eheliyagoda	DH Eheliyagoda
650.	Eheliyagoda	RH Kiriporuwa
651.	Eheliyagoda	CD Napawala
652.	Ayagama	DH Ayagama
653.	Ayagama	ERH Dumbara
654.	Embilipitiya	DH Chandrkawewa
655.	Embilipitiya	DH Pallebadda
656.	Kolonna	ERH Sooriyakanda
657.	Kolonna	RH Omalpe
658.	Kolonna	DH Kolonna
659.	Weligepola	DH Weligepola
660.	Weligepola	CD Kapugala
661.	Ratnapura PS	ERH Alupola
662.	Ratnapura PS	PU Gallella
663.	Ratnapura PS	CD Rathganga
664.	Nivithigala	PU Nivithigala

665.	Kuruwita	CD Kuruwita
666.	Kuruwita	RH Erathna
667.	Kuruwita	RH Theppanawa
668.	Godakawela	DH Rakwana
669.	Godakawela	PU Ranwala
670.	Godakawela	CD Atakalampanna
671.	Godakawela	DH Godakawela
672.	Elapatha	RH Weragama
673.	Elapatha	CD Dellaboda
674.	Imbulpe	RH Belihuloya
675.	Openayake	ERH Hunuwala
676.	Opanayake	CD Udwawela
677.	Pelmadulla	RH Pelmadulla
678.	Kiriella	CD Ellagawa
679.	Kiriella	DH Kiriella
<b>Trincomalee – 15</b>		
680.	Uppuvelli	PMCU Selvanayakpuram
681.	Uppuveli	PMCU Chinabay
682.	Uppuveli	PMCUKappalthuri
683.	Uppuveli	PMCU Uppuveli
684.	Kuchchaveli	PMCU Kuchchveli
685.	Kuchchveli	DH Nilaveli
686.	Thampalagam	DH Mullipothanai
687.	Mutter	BH Muttur
688.	Kantale	PMCU Wanla
689.	Padavisripura	DH Padavisripura
690.	Mahadivulwewa	PMCU Mahadivulwawa
691.	Pulmoddai	DH Pulmoddai
692.	Nilaveli	DH Nilaveli
693.	Echchalampathu	DH Echchalampathu
694.	Trincomalee	GH Trincomalee
<b>Vavuniya – 08</b>		
695.	Vavuniya	DH Poovarasankulam
696.	Vavuniya	DH Sithamparapuram
697.	Vavuniya	PMCU Omanthai
698.	Chedikulam	DH Neeriyakulam
699.	Chedikulam	PMCU Sooduventhapulavu
700.	Vavuniya North	DH Puliyankulam
701.	Vavuniya North	DH Nedunkeny
702.	Vavuniya South	DH Ulukkulam
703.	Vavuniya South	DH Mamadu
<b>NIHS – 06</b>		
704.	Kalutara	GH Kalutara
705.	Beruwala	DH Beruwala
706.	Beruwala	PU Dharga Town
707.	Beruwala	RH Aluthgama