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The Secretariat(3rd Floor) 20. Rox 27 Colombo 00100, Sri Lanka

Web Site:www.erd.gov.lk

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e-mail:info@erd.gov.lk

Secretary Ministry of Health

3, ජාතසන්හර <sub>සෞඛ්ථ</sub> 22 AUG 70??

Attn: Officer In-Charge Foreign Trainings

Dear Sir

"2022 Traditional Korean Medicine Policy Training Program" from 10th - 30th November 2022 (Online)

We are writing with reference to the Note Verbal No. KSR/225/2022 dated 05 July 2022 sent by the Embassy of the Republic of Korea in Sri Lanka.

Accordingly, the Embassy of the Republic of Korea in Sri Lanka has requested to submit nominations from eligible Government officials of Sri Lanka for the above program. The course details in this regard are enclosed.

We would highly appreciate if you could advice the relevant officials to circulate this program among the Departments/Divisions/Institutes under your purview, and make necessary arrangements to send nominations to Department of External Resources with the following documents on or before 10th October 2022.

- (i) Nomination Letter
- (ii) Application Form
- (iii) ERD Form (can be downloaded from the ERD website: www.erd.gov.lk)

Your early response in this regard is highly appreciated.

Yours faithfully

WW/S Mangala Director (TA Division) for Director General

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# 2022 Traditional Korean Medicine Policy Training Program (online)

## What is Traditional Korean Medicine Policy Training Program?

Traditional Korean Medicine Policy Training Program is a training program hosted by the Ministry of Health and Welfare, Republic of Korea, and organized by National Institute for Korean Medicine Development (NIKOM) and The Society of Korean Medicine(SKOM). In this program, we invite policymakers from various countries to learn about Traditional Korean Medicine, notably Traditional Korean Medicine healthcare service, health insurance system, medicinal herbs, and treatments.

This year, due to the global spread of COVID-19, we decided to provide this training program via an online platform. We look forward to welcoming you to learn about, and get familiar with, Traditional Korean Medicine.

# What are the main contents of this training?

2022 Traditional Korean Medicine Policy Training Program would have the following training contents:

- The History and Institutionalization of Traditional Korean Medicine
- Traditional Korean Medicine and its system for education
- National Health Insurance and Traditional Korean Medicine
- Traditional Korean Medicine system as an independent medical system
- Quality Control and Regulations of Herbal Medicine in Korea
- Introduction on the Current Status and Latest Results of Traditional Korean Medicine R&D
- Introduction of organizations related to Traditional Korean Medicine
- International Standardization Works on Traditional Korean Medicine
- Obesity therapy for Slim body & Detoxification in Traditional Korean Medicine
- The evolution of Traditional Korean Medicine through modern anatomy
- Introduction to Sasang Constitutional Medicine

For details, please refer to the Program Guideline that is separately enclosed.

# **Training Period**

Trainees will be asked to complete the designated online course during November of 2022 using his/her computer, tablet, or smartphone.

## How to Apply

The applicant is asked to fill in the application form (see page 2) and the consent form (see page 3). Please send the file to skom1953@daum.net by 14<sup>th</sup> October, 2022.

# 2022 Traditional Korean Medicine Policy Training Program Application Form

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# Consent Form for the Collection, Use, and Disclosure of Personal Information

To facilitate the screening process and the operation of 2022 Traditional Korean Medicine Policy Training Program, the National Institute for Korean Medicine Development (NIKOM) asks for your consent for the collection, usage, and disclosure of the following personal information: Please read the following carefully and indicate whether you agree with the NIKOM's collection and use of the specified information:

You reserve the right to refuse to provide your consent to any collection or use of your personal information. However, your consent to the "required" items is mandatory for you to be considered for the program.

## 1. Consent to the Collection and Use of Personal Information (Required)

Information	Purpose	Retention Period	Consent
Name, birthday, gender,	(Application information) Training program application and screening	3 Years	☐ Agree
nationality, telephone number, e-mail address, academic profile, employment records	(Participant Information) Participant management during and after the program	Permanent or Semi- permanent	□ Disagree

# 2. Consent to the Disclosure of Personal Information to Third Parties (Required)

Information Disclosed To:	Purpose	Retention Period	Consent
Personal Information Recipients*	Trainee management during and	Permanent or Semi-	☐ Agree
(The Society of Korean Medicine)	after the program	permanent	□ Disagree

Name :	



# 2022 Traditional Korean Medicine Policy Training Program (online)

# Training Program on

# 2022 How Traditional Medicine is established as a Modern Health Care System in Korea

Date: November 2022

#### Organizers

- National Institute for Korean Medicine Development (NIKOM)
- The Society of Korean Medicine (SKOM)

Sponsor: The Ministry of Health and Welfare (MOHW) in South Korea

Language: English

#### Participants:

The participants are policymakers from governmental agencies, associations, organizations, hospitals, universities, and the committee of Traditional and Complementary/Integrative Medicine. From promotion, standardization, clinical practice to education, their specialization in its field varies from different countries.

#### Background:

The public health and welfare organizations in advanced nations have taken pains to deal with the higher medical expenses impacted by aging population and the exponentially increased chronic diseases. Responding to these key challenges directly affecting public life, the world is keen to research the different forms of Traditional Medicine and the Complementary Medicine around the world.

Traditional Korean Medicine is a whole medical system which has been developed over thousands of years and greatly contributed to disease treatment and health promotion in Korea. In fact, it is legislatively equal with Western Medicine in the Korean public health and welfare system. Traditional Korean Medicine has been fully modernized for its education system, and it has similar medical license system with Western Medicine in Korea. This is ideal for the case study on how Integrative Medicine complements Western Medicine effectively and comprehensively.

#### Objectives:

- -To introduce Traditional Korean Medicine as one of successful Traditional/Integrative Medicine to complement Western Medicine.
- -To develop a future cooperation for Traditional/Integrative Medicine with the participating countries.



#### Program

#### Lecture 1, The History and Institutionalization of Traditional Korean Medicine

- This lecture contains basic knowledge about how Traditional Korean Medicine is formed, how it is the similar and different from Japanese Kampo Medicine and Traditional Chinese Medicine. Also, it is about how Traditional Medicine coexists with Mainstream Medicine, and what is different from Scientific Medicine in the world.

#### Lecture 2, Traditional Korean Medicine and its system for education

- This lecture would provide overview and detailed descriptions on the educational system of Traditional Korean Medicine. The ones who want to be a doctor of Traditional Korean Medicine should finish one of three educational tracks installed in 12 universities which got accreditation from Institute of Traditional Korean Medicine Education and Evaluation. Furthermore, they should pass the National License Exam under the administration of the National Health Personnel Licensing Examination Board. They can be a certified clinical specialist in eight specialty fields after four years of hospital internship/residency program. And, Master and Ph.D. degree programs are prepared for the academic researchers.

#### Lecture 3, National Health Insurance and Traditional Korean Medicine

Traditional Korean Medicine has been fully integrated into the modern health care system. It has a completely
modernized education and licensing system equal to Western Medicine. National Health Insurance covers
Traditional Korean Medical procedures and drugs in Korea. In this lecture, participants will get knowledge on
the historical process of successful development and get detailed information about insurance on Traditional
Korean Medicine.

#### Lecture 4, Traditional Korean Medicine system as an independent medical system

- In Korea, Traditional Korean Medicine has been adopted into the national healthcare system as an independent medical system. Through this lecture, the Traditional Korean medical diagnosis systems, medical devices and various treatment methods that are authorized within Traditional Korean Medicine licensure system will be introduced. Also, the role of Traditional Korean Medicine in the Integrative Medicine system will be another topic to be introduced.

#### Lecture 5, Quality control and Regulations of Herbal Medicine in Korea

- This lecture will cover the system related to Korean Herbal Medicine. It includes management of herbal raw materials, drug approval and management of herbal preparations, and the use of Herbal Medicines by Traditional Korean Medicine doctors. It will be divided into the following 4 themes.
  - 1. Traditional Korean Medicine and Market
  - 2. Medical classics and Frequently used prescriptions
  - 3. Quality control of medicinal herbs (GACP, H-GMP and Tangjeonsil)
  - 4. Quality Control of Herbal Medicine (Drug approval and GMP)

## Lecture 6, Introduction on the Current Status and Latest Results of Traditional Korean Medicine R&D

- This lecture seeks to introduce Traditional Korean Medicine R&D in Korea; its current status and the latest research results.

First, the lecture will discuss government ministries and laws which supports Traditional Korean Medicine R&D on the national-level.

The lecture will then examine the characteristics of Traditional Korean Medicine R&D through its expenditure. (see Characteristics of Knowledge Management R&D-Based on Government Expenditure)

Finally, this lecture will introduce government-funded institutions such as National Institute for Korean Medicine Development(NIKOM) and Korean Institute of Oriental Medicine(KIOM) and discuss the outcome of Traditional Korean Medicine R&D.

After this lecture hope you have a better understanding of Korea's national support system for R&D and its



results.

#### Lecture 7, Introduction of organizations related to Traditional Korean Medicine

- The Association of Korean Medicine (AKOM) is the central representative body of about 23,000 Traditional Korean Medicine Doctors. AKOM started with the name of the Union of Traditional Korean Medicine Doctors in 1898, and then was authorized as a medical association of Traditional Korean Medicine Doctors by the government in 1952. Since establishment, AKOM has played a pivotal role in improving the health and social welfare, promoting scientific research and friendship among members, thereby standing up the interests of the members and establishing order of medical system.
- The Society of Korean Medicine (SKOM) was launched in 1953 for academic activities and exchanges among Traditional Korean Medicine Doctors. SKOM was a subsidiary body under the AKOM for many years and then became independent body of the AKOM in 1999. Since founding of SKOM, it has played an important role in academic activities such as the publication of the Journal of Traditional Korean Medicine, hosting academic conferences, and domestic and international academic exchange. Currently, SKOM, as an academic center of Traditional Korean Medicine, is trying to reflect scholastic requirements of those involved in Traditional Korean Medicine.
- The Korean Medical Team Abroad (KOMSTA) was established in 1993 and received approval for the establishment from MOHW in 1998. KOMSTA carried out international exchange projects for the globalization of Traditional Korean Medicine and provided education for medical teams with online platforms. KOMSTA has dispatched a total of more than 2,400 overseas volunteers on over 160 occasions and provided medical care to 130,000 people in 29 countries as of 2020.

#### Lecture 8, International Standardization Works on Traditional Korean Medicine

- The standardization of Traditional Medicine(TM) is of fundamental importance to its development and progress of internationalization and modernization of TM. And it can guarantee the quality and safety of TM practices and products and promote regulation of the TM related industry.
- This lecture will introduce the International Standardization Works on Traditional Korean Medicine, focused on WHO and ISO activities. ISO/TC249 was established in 2009, a total of 70 ISO standards had been published so far. This committee focuses on quality and safety of raw materials, manufactured products and medical devices and of informatics, including service standards limited to involving the safe use and delivery of devices & medicine, but not into the clinical practice or application of those products.
- There are several international standardization works led by WHO such as international standard terminology, acupuncture point location, and so on. A major progress is the WHO includes TM chapter which contains TM disorders and patterns in the 11th revision of the International Classification of Disease for the first time. It means that TM is integrated into mainstream of the world. It will promote the development and utilization of TM worldwide.

#### Lecture 9, Obesity therapy for Slim body & Detoxification in Traditional Korean Medicine

Obesity is a serious, chronic disease that can negatively effect the health of any number of systems in your body. People who are overweight or obese have a much greater risk of developing everything from heart disease and Type 2 diabetes to bone and joint disease. With collective experience and a history of successful outcomes, we've developed a multi-disciplinary approach to weight loss programs that considers every aspect of your health. This lecture will introduce obesity treatment in traditional Korean medical clinic using Acupuncture, Pharmaco-acupuncture, Chu-Na, and Herbal Medicine based on Traditional Korean Medicine theory.

#### Lecture 10, The evolution of Traditional Medicine through modern anatomy

There can be different perspectives of seeing the same thing. This can be applied to the viewpoints of the Modern Medicine and Traditional Medicine toward the human body. The former focuses on the visible things such as bones, muscles, and nerves. The latter does invisible things such as meridian acupoints. We are integrating both Medicines from diagnosis to treatment. Traditional Medicine techniques like Acupuncture, Acupotomy and Pharmaco-acupuncture are used for the treatment through various neurological diagnosis based on the precise neurovascular anatomy.



#### Lecture 11, Introduction to Sasang Constitutional Medicine

- The Sasang Constitutional Medicine (SCM) is an important part of Traditional Korean Medicine that was first presented by Lee Jema. It deals with the constitutional typing of a given individual into four different constitutional types (Taeyang, Taeeum, Soyang, and Soeum types) and the attendant tailored therapeutics specific for each constitutional type. Another important component of constitutional health care would be the constitutionally different regimen that includes the ways of living, behavioral modifications, exercising methods, and diets. In this lecture, participants can learn about the basic information about Sasang Constitutional Medicine.

#### Web conference

There will also be an online web conference for the participants.

The objective of the web conference will be to establish a multi-national network among the participants for future cooperation.

Through the web conference the participants will have the opportunity to make short speeches about the Traditional Medicine systems in their countries. Or other topics they can choose from will be the present status or trends of Integrative Medicine in their own countries, Acupuncture or Herbal Medicine adaptation plans in each country, or any proposals concerning international cooperation or exchange programs and so on.

#### **Contact Point for application**

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E-mail: hanisanam@hanmail.net

Tel.:+82-10-4044-9879 Fax:+82-2-2658-3631

#### The Training Institute: The Society of Korean Medicine

The Society of Korean Medicine is an academic research organization of Traditional Korean Medicine, consisting of a total of fiftyone member societies (forty seven member societies and four associate member societies). The Association of Korean Oriental
Medicine works to protect the rights and interests of members in policy and system's point of view. The Society of Korean
Medicine performs overall academic, educational, and research activities of Traditional Korean Medicine. Further academic
infrastructure for Traditional Korean Medicine should be well built to support the roles of Traditional Korean Medicine. Of the
major researches of the society, the enactment study on technical terminology of Traditional Korean Medicine is near completion
of standardization. This will be globalized via the policies of WHO (World Health Organization). Also, under study is the

<sup>\*</sup>All the lectures will be provided through online training platform.

<sup>\*</sup>There will be short quizzes at the end of every lecture.

2022 Traditional Korean Medicine Policy Training Program



standardization of Traditional Korean medical treatment procedures. Standardized coding study of clinical prescriptions of Traditional Korean Medicine is standardizing herbal prescriptions of Traditional Korean Medicine, and many efforts are put for research for EBM (Evidence-Based Medicine). For study on education, education of school of Traditional Korean Medicine in national universities is studies to provide better educational environment, and specialized doctor system of Traditional Korean Medicine is also under research.