DIH Kapila SI Di Aselo Phone as

Japan International Cooperation Agency

10th & 13th Floors, DHPL Building,

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Homeinage: http://www.jica.go.jp/srilanka/english/index.html

Facebook : https://www.facebook.com/jicasrilanka

March 5 , 2019

Ms. Noor Rizna Anees Department of External Resources istry of Hoolith Colombo 1.

Dear Ms. Anees,

1 1 MAR 2019

Knowledge Co-creation Programme SCHOOL HEALTH - (Course No: J-19-04337)

This is to inform you that Japan International Cooperation Agency (JICA) will consider completed applications of qualified participants nominated by the Government of the Democratic Socialist Republic of Sri Lanka for the above Technical Training Course.

The duration of the training course is from 23rd May ~ 29th June 2019

The participants for the above course should be nominated in accordance with the General Information (GI) regulations. Eight copies of the General Information (GI) booklets are attached for distribution to the relevant authorities.

To further expedite the selection procedures, let us suggest the following institution(s) as below mentioned that are considered as eligible in accordance with the stipulations of the GI.

- Ministry of Health and Indigenous Medicine
- Ministry of Education

Please make necessary arrangements to submit duly completed documents to reach IICA Sri Lanka office on or before 29th March 2019.

- Duly filled prescribed Application Form
- Copy of the Nominee's English Score Sheet (e.g. TOEFL, TOEIC, IELTS)
- Inception Report (Refer Annex-1 of the attached GI booklet)
- Copy of the passport

In completing the application forms, kindly advise the nominees to use the same name order as given in the passport, where JICA shall issue official documents relevant to visa in the similar order on his/her acceptance by JICA. In case passports are not available at the time of nomination, on receipt of JICA acceptance notification letter, nominees are expected to issue passports in the same name order as mentioned in the training application.

We also note that, handwritten training applications shall not be accepted by JICA at any reason.

In addition, kindly advise the nominating organizations to share the GI Booklets with their nominees for a better understanding of the training requirements, whereas JICA conducts its selection interviews principally based on the contents of the respective GIs.

Thank you.

Yours sincerely,

加藤尚子 Naoko KATO

**Project Formulation Advisor** 

JICA Srl Lanka office

∠ - The Secretary – Ministry of Health, Nutrition & Indigenous Medicine

The Secretary - Ministry of Education

Mr. S. Waratani, 1st Secretary –Embassy of Japan



# Knowledge Co-Creation Program (Group & Region Focus)

**GENERAL INFORMATION ON** 

SCHOOL HEALTH 課題別研修「学校保健」 JFY 2019

NO. J1904337 / ID. 1984456

Course Period in Japan: From May 23, 2019 to June 29, 2019

This information pertains to one of the JICA Knowledge Co-Creation Program (Group & Region Focus) of the Japan International Cooperation Agency (JICA), which shall be implemented as part of the Official Development Assistance of the Government of Japan based on bilateral agreement between both Governments.

'JICA Knowledge Co-Creation Program (KCCP)' as a New Start

In the Development Cooperation Charter which was released from the Japanese Cabinet on February 2015, it is clearly pointed out that "In its development cooperation, Japan has maintained the spirit of jointly creating things that suit partner countries while respecting ownership, intentions and intrinsic characteristics of the country concerned based on a field-oriented approach through dialogue and collaboration. It has also maintained the approach of building reciprocal relationships with developing countries in which both sides learn from each other and grow and develop together." We believe that this 'Knowledge Co-Creation Program' will serve as a center of mutual learning process.

# I. Concept

### Background

The children's health in developing countries is not always in preferable conditions due to difficult living condition and improper health care systems. The children's health management in Japan is being implemented largely with school health programs, such as a school healthcare room, sanitary and health education, provision of safe drinking water, school lunch and so on, and it is further promoted by improvement of the laws, human resource development such as healthcare-teacher (Yogo teachers) training, and building the healthcare rooms in school. We believe this experience would be utilized for improving the children's health in developing countries, as well.

### For What?

This training program aims to provide participants with opportunities to understand the school health systems and activities in Japan and to share each participant's experience in his/her country and then to obtain hints to come up to policies, systems, and plans to implement/improve school health in his/her own country. Eventually, it is expected to ensure good school environment which would contribute to the children's good health, prevent school dropouts and increase school attendance rates.

### For Whom?

This program is designed for central and local government officers in charge of (a) planning and implementing school health, or (b) promoting community health based in school.

### How?

A participant shall have opportunity to identify his/her critical issues to be solved on school health in his/her country. A participant will also formulate an action plan to be implemented in his/her own country by sharing knowledge and information acquired from Japan and other countries.

# II. Description

- 1. Title: School Health (J1904337)
- 2. Course Period in JAPAN May 23 to June 29, 2019
- Target Regions or Countries
   Bhutan, Cambodia, Egypt, Fiji, Jordan, Micronesia, Myanmar, Niue,
   Papua New Guinea, Solomon Islands, Sri Lanka, Sudan, Timor-Leste

# 4. Eligible / Target Organization

This program is designed for central and local government officers not only to plan and implement the school health systems and activities, but also promote the disease prevention and health maintenance for community, based in school. (Priority organizations: Ministry of Education, Ministry of Health)

\*In the case of selecting more than 2 nominees, please note that one will be from Ministry of Education and the other will be from Ministry of Health.

- Course Capacity (upper limit of participants)
   participants
- 6. Language to be used in this program English

### 7. Course Objective

To be able to formulate Action Plan in consideration of current circumstances of each country, by acquiring the practical knowledge to promote school health system.

### 8. Overall Goal

Children's health will be improved, school dropout will be prevented and school attendance will be increased through ensuring good school environment.

9. Expected Module Output and Contents: This program consists of the following components. Details on each component are given below:

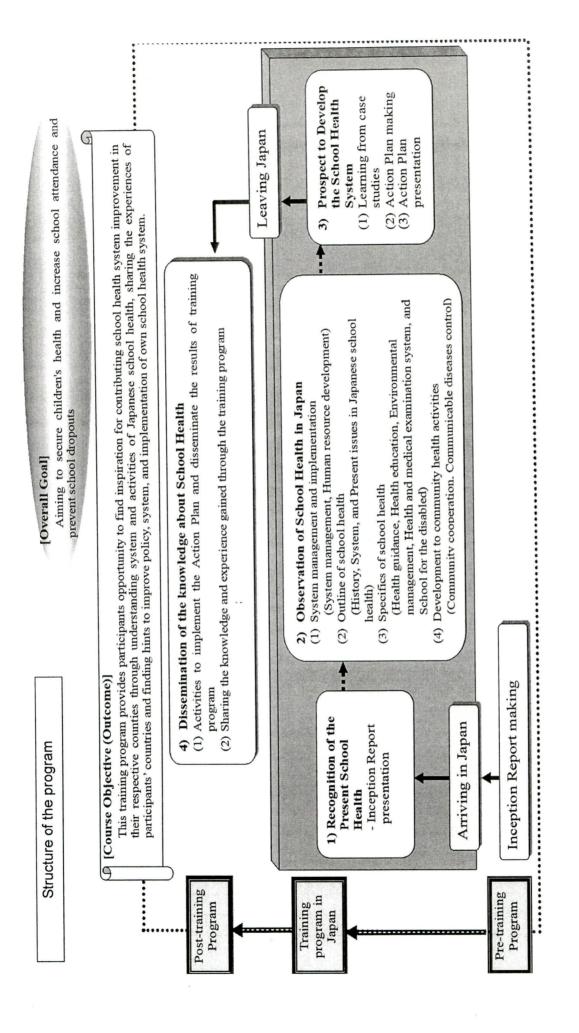
(1) Preliminary Phase in a participant's home country  Participating organizations make required preparation for the Program in the respective country.						
Expected Module Output	Activities					
Preparation of Inception Report						

(2) Core Phase in Japan Participants dispatched by the organizations attend the Program implemented in Japan.						
Expected Module Output	Subjects/Agendas	Methodology				
Module 1: To understand and analyze the current situation and problems of school health in area of responsibility.	<ul> <li>Presentation of Inception Report</li> <li>PCM (Project Cycle Management)</li> </ul>	Presentation Discussion Work shop				
Module 2: To understand the school health policy/system and its history/experiences in Japan.	<ul> <li>School education system, School health system and School doctor system in Japan.</li> <li>History of school health (YOGO) teacher</li> </ul>	Lecture Observation				
Module 3: To understand the school health activities/measures in Japan, and to consider the possibility of adaptation to each country.	<ul> <li>The role and function of school health room and school health (YOGO) teacher.</li> <li>School lunch and dietary education.</li> <li>School health check-ups. Health education. Oral health.</li> <li>Management of school environment and sanitation.</li> <li>* will visit some schools (Nursery school, Elementary school, Junior high school, Special support school)</li> </ul>	Lecture Observation				
Module 4: To formulate Action plan on school health in each country, considering the collaboration between the government (Ministry of Education/ Ministry of Health), school and local community, and clarifying each role.	<ul> <li>PDM (Project Design Matrix)</li> <li>Case study</li> <li>Guidance, Formulation and Presentation for Action Plan</li> </ul>	Lecture Workshop Discussion Presentation				

Reference

List of countries participated in the past

Region	Country	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018/A	2018/B	Sub total	Tot
	Benin		1		1	1	1	1	1							6	
	Botswana	1														1	
	Cameroon		1	1	1	1										4	
	Cote d'Ivoire		1	1	1	1										4	
	Egypt			1	2	2	1	2	1	1		1			1	12	
	Ghana		1	1	1	2	2	2	2	2	2	1	1	1	Ì	18	
	Kenya	2		1	1											4	
	Malawi	1														1	
A.C.	Niger	1	1	1											1	4	
Africa	Nigeria											1			-	1	91
	Soufh Africa	1		1	1			1	1							5	
	Tanzania			1						1	2	1	2		1	8	
	Zambia	1	2	1	1	1							3	2	1	11	
	Zimbabwe	1					- 14									1	
	Angola									1		1				2	
	Sudan									1	1	1	1		1	5	
	Liberia											1	2		$\dashv$	3	
	Mozambique											7		1	_	1	
	Afghanistan								1	1	2	1	1			6	
	China							2	1			1				3	
	Indonesia	1				2										3	
	Laos	3	4	4	2	1								1		15	
	Maldives		1											1		1	
Asia	Nepal			1	2	2	3	2	1	7	1	1			2	15	59
	Myanmar									1	1	1	1	1	1	5	
	Sri Lanka									1	1	1	1	2		5	
	Bangladesh								Wil		1	1	15,1		1	3	
	Timor-Leste											1		1	1	2	
	Cambodia													1		1	
	Fiji						1	1	1					1	+	4	
	Tuvalu		1	1							1			+		2	-
Oceania	Micronesia												1		1	2	9
	Papua New Guinea														1	1	
America	Guatemala				1	1					= p		7			2	_
America	Honduras									1	1	1				3	5
	Total	12	13	15	14	14	8	11	9	10	12	14	12	10	10	164	



## Reference

Program Schedule in previous year (2018/ (A) )

Dat	e	Time	For	Programme				
17-May	Thu			Arrival in Japan				
40.11		AM		Briefing/Orientaion				
18-May	8-May Fri PM			Orientation/X-RAY Check				
19- <b>M</b> ay	Sat							
20- <b>M</b> ay	Sun			的复数形式 医多克里氏 医皮肤 医皮肤 医皮肤				
01.11	21-May Mon PM			Japanese Class				
21-May				Course Orientation				
22- <b>M</b> ay	Tue	AM/PM	Lecture	Project Cycle Management				
00. 11		AM	Discussion	Case Study: problems trees & objectives trees 1				
23- <b>M</b> ay	Wed	PM	Lecture	School Health System in Japan				
04.11	T1	AM	Discussion	Case Study: problems trees & objectives trees 2				
24-May	Thu	PM	Lecture	School Doctor System in Japan / School Health Committee				
0F H	· .	AM	Lecture	School Health Teacher and Health Room in Japan (Purpose and Roles)				
25- <b>M</b> ay	May Fri		Lecture	History of School Health Teachers				
26-May	Sat	AM/PM	Presentation	ion Inception Report Presentation				
27- <b>M</b> ay	Sun							
28-May Mo	Mon	AM	Lecture	History of School Health Teachers (Establishment of the Yogo Teacher System and its practice)				
		P <b>M</b>	Lecture	Training System of School Health Teachers				
20_Nov	Tue	AM	Lecture/Observation	Visit to the Aichi Education Center /The in-service training (General/ Yogo Teacher)				
29- <b>M</b> ay	Tue	PM	Lecture	Educational System in Japan				
30- <b>M</b> ay	Wed	AM/PM	Observation	Health Activities at School Health Room (Visit to Jr. High School)				
31- <b>M</b> ay	Thu	AM	Lecture	Function and Role of ACHEMEC, Rehabilitation for Children, ACHEMEC Health School				
ol-may	Thu	PM	Exercise	The making of waste oil soap, Hand-washing				
1-Jun	Fri	AM	Lecture	Success and Current Situation of Children Medical Care in Japan				
1-oun	FEI	PM	Lecture	School Hygiene Law and the Responsibility of Pharmacists				
2-Jun	Sat							
3-Jun	Sun							
4-Jun Mor		AM	Lecture	Teaching Materials for Health Education				
	Mon	PM	Lecture	Menstrual Period Project (Unicharm)				
15		AM	Discussion	Case Study: problems trees & objectives trees 3				
5-Jun Tue	Tue	D#	Exercise	School Health Examination Models at School (Role Play)				
	- 48	PM	Discussion	TV Conference: Progress Report from Ex-Participants				
6-Jun	Wed	AM/PM	Lecture	Project Cycle Management : PDM				

Date Time For		For	Programme		
7-Jun Thu AM		AM	Lecture/Observation	Life-style promotion at the childcare field (Visit to Nursery School)	
		PM	Discussion	Guidance on Action Plan Development 1	
8-Jun	Fri	AM/PM	Lecture/Observation	Physical Education as a School Subject/ Physical Education Class (Visito Elementary School)	
9-Jun	Sat				
10-Jun	Sun				
11-Jun	Mon	AM/PM	Discussion	Information exchange with university students from Asia countries	
10 1	_ AM		Lecture	Oral Health Activities at School	
12-Jun	Tue	PM	Discussion	Guidance on Action Plan Development 2	
10 1	AM		Observation	Health Activities at a school for disabled children (Visit to Special Support School)	
13-Jun Wed		PM	Lecture	Health Education and Its Method by Health Experts -Reproductive Health Education	
14-Jun	Thu	AM/PM	Lecture/Observation	chool Lunch System in Japan /Operation of School Lunch on Campus Visit to <b>Jr. High School</b> )	
15-Jun	Fri	AM/PM	Lecture	Teaching Method of Health Education by Experts	
16-Jun	Sat				
17-Jun	Sun				
10 1	AM AM		Lecture	Food Education at School	
18-Jun	Mon	PM	Discussion	Guidance on Action Plan Development 3	
10	_	AM	Lecture	Health Observation, First Aid Treatment	
19-Jun Tue		PM	Discussion	Discussion with University Students of School Health Teacher Training Course	
00 1	W. J	AM	Discussion	Guidance on Action Plan Development 4	
20-Jun	Wed	PM	Lecture	The Collaboration between School Health and Maternal & Child Health	
21-Jun	Thu	AM/PM	Observation	Oral Health Education and Building a Good life style (Visit to Elementary School)	
22-Jun	Fri	AM/PM	Presentation	Action Plan Presentation	
ZZ-Jun	1			Evaluation/ Closing Ceremony/ Farewell Party	
23-Jun	Sat			Departure from Japan	



Report Presentation



Health Education Material



School Lunch

# III. Conditions and Procedures for Application

### 1. Expectations from the Participating Organizations:

- (1) This program is designed primarily for organizations that intend to address specific issues or problems identified in their operation. Participating organizations are expected to use the project for those specific purposes.
- (2) This program is enriched with contents and facilitation schemes specially developed in collaboration with relevant prominent organizations in Japan. These special features enable the project to meet specific requirements of applying organizations and effectively facilitate them toward solutions for the issues and problems.

### 2. Nominee Qualifications:

Applying organizations are expected to select nominees who meet the following qualifications.

### (1) Essential Qualifications

- 1) **Current Duties**: be a manager or an officer in the central or local government (<u>Priority organizations</u>: <u>Ministry of Education</u>, <u>Ministry of Health</u>) in charge of (a) or (b), as follows:
  - (a) administration, planning and implementation of school health systems and activities
  - (b) promotion of disease prevention and health maintenance for community, based in school
- \*In the case of selecting more than 2 nominees, please note that one will be from Ministry of Education and the other will be from Ministry of Health.
- 2) Experience in the relevant field: have at least 5 years or more of experience in this field.
- 3) Educational Background: be a graduate of university
- 4) Language: have a competent command of spoken and written English which is equal to TOEFL iBT 100 or more (This workshop includes active participation in discussions, action plan development, thus requires high competence of English ability. Please attach an official certificate for English ability such as TOEFL, TOEIC etc, if possible)
- 5) Computer skills: to be proficient in Microsoft Excel and Power Point
- 6) **Health**: must be in good health, both physically and mentally, to participate in the Program in Japan. Pregnant applicants are not recommended to apply due to the potential risk of health and life issues of mother and fetus.

### (2) Recommendable Qualifications

Age: between the ages of thirty(30) and fifty(50) years

### 3. Required Documents for Application

- (1) **Application Form**: The Application Form is available at the JICA office (or the Embassy of Japan). <u>Please submit a type-written application form.</u>
- (2) Photocopy of passport: to be submitted with the application form, if you possess your passport which you will carry when entering Japan for this program. If not, you are requested to submit its photocopy as soon as you obtain it.

\*Photocopy should include the followings:

Name, Date of birth, Nationality, Sex, Passport number and Expire date

- (3) Nominee's English Score Sheet: to be submitted with the application form. If you have any official documentation of English ability (e.g., TOEFL, TOEIC, IELTS)
- (4) Inception Report: Each nominee is requested to prepare a report explaining the present situation of her/his own job in her/his home country (organization), as well as to introduce her/his job description and own interest. This report should be typed in the attached form at ANNEX 1 and submitted with the Application Form. The report will be a reference for selecting training participants.

Note: Accepted participants are required to make presentation material based on the report in order to share it at beginning of training program.

### 4. Procedure for Application and Selection

(1) Submission of the Application Documents:

Closing date for applications: Please inquire to the JICA office (or the Embassy of Japan).

After receiving applications, the JICA office (or the Embassy of Japan) will send them to the JICA Chubu Center in JAPAN by April 05, 2019.

(2) Selection:

After receiving the documents through proper channels from your government, the JICA office (or the Embassy of Japan) will conduct screenings, and then forward the documents to the JICA Chubu Center in Japan. Selection will be made by the JICA Chubu Center in consultation with concerned organizations in Japan. The applying organization with the best intention to utilize the opportunity of this program will be highly valued in the selection. Qualifications of applicants who belong to the military or other military-related organizations and/or who are enlisted in the military will be examined by the Government of Japan on a case-by-case basis, consistent with the Development Cooperation Charter of Japan, taking into consideration their duties, positions in the organization, and other relevant information in a comprehensive manner.

(3) Notice of Acceptance

Notification of results will be made by the JICA office (or the Embassy of Japan)

### not later than April 23, 2019.

### 5. Conditions for Attendance:

- (1) to strictly adhere to the program schedule.
- (2) not to change the program topics.
- (3) not to extend the period of stay in Japan.
- (4) not to be accompanied by family members during the program.
- (5) to return to home countries at the end of the program in accordance with the travel schedule designated by JICA.
- (6) to refrain from engaging in any political activities, or any form of employment for profit or gain.
- (7) to observe Japanese laws and ordinances. If there is any violation of said laws and ordinances, participants may be required to return part or all of the training expenditure depending on the severity of said violation.
- (8) to observe the rules and regulations of the accommodation and not to change the accommodation designated by JICA.

# IV. Administrative Arrangements

### 1. Organizer:

(1) Name: JICA Chubu

(2) Contact: Ms. SAITO Mihoko (cbictp1@jica.go.jp)

<u>XPlease insert "training course number & the title" in the subject when emailing.</u>
For instance, "J1904337 & School Health"

### 2. Travel to Japan:

- (1) Air Ticket: The cost of a round-trip ticket between an international airport designated by JICA and Japan will be borne by JICA.
- **(2) Travel Insurance**: Coverage is from time of arrival up to departure in Japan. Thus traveling time outside Japan will not be covered.

### 3. Accommodation in Japan:

JICA will arrange the following accommodations for the participants in Japan:

JICA Chubu Center, (JICA CHUBU),

Address: 4-60-7 Hiraike-cho, Nakamura-ku, Nagoya 453-0872, JAPAN

Phone: +81-52-533-0220 Fax: +81-52-564-3751

(where "81" is the country code for Japan, and "52" is the local area code)

If there is no vacancy at <u>JICA CHUBU</u>, JICA will arrange alternative accommodations for the participants.

### 4. Expenses:

The following expenses will be provided for the participants by JICA:

- (1) Allowances for accommodation, meals, living expenses, outfit, and shipping
- (2) Expenses for study tours (basically in the form of train tickets.)
- (3) Free medical care for participants who become ill after arriving in Japan (costs related to pre-existing illness, pregnancy, or dental treatment are <u>not</u> included)
- (4) Expenses for program implementation, including materials For more details, please see "III. ALLOWANCES" of the brochure for participants titled "KENSHU-IN GUIDE BOOK," which will be given before departure for Japan.

### 5. Pre-departure Orientation:

A pre-departure orientation will be held at the respective country's JICA office (or Japanese Embassy), to provide participants with details on travel to Japan, conditions of the workshop, and other matters.

# V. Other Information

# 1.Development Education and Exchange with Local Communities:

For the promotion of mutual friendship, JICA Chubu encourages international exchange between the JICA participants and local communities including students as part of development education program. You are expected to contribute by attending such activities and will possibly be asked to introduce the society, economy and culture of your home country. The participant's ethnic costume on such exchange programs will be highly welcomed by school children as well as local residents.







### 2. Climate in Nagoya

Monthly Average

	May	June
Average Temperature (°C)	18.9	22.7
- High (℃)	24.1	27.2
- Low (°C)	14.5	19.0
Average Rainfall (mm)	156.5	201.0
Average Humidity (%)	65	71

### 3. Personal Computer

We strongly recommend you to bring your personal computer, if available, for your convenience on your responsibility.

### 4. Haral food for Muslims

Haral food is available at dining halls in JICA Centers.

During Ramadan, your breakfast will be served as a Ramadan Suhur, if you order it on the day before.

### 5. Chest X-ray

You'll have a Chest X-ray examination at Clinic (near JICA Chubu) on 24th May.

# VI. ANNEX:

Annex 1

# SCHOOL HEALTH (J1904337) Inception Report

This report should be typed in English, and be (A4 size) 3 pages or less.

1. Basic Information	
Name of Nominee	
Country	
Organization	
Position	
E-mail	

### 2. Organization Chart

\*Attach your organization chart and indicate your department/ division.

### 3. Job Description

- (1) Your Duties
- (2) School Health Activities you've been tasked
- (3) Difficulties in performing your activities
- (4) School Health project you collaborate with international cooperation organizations, such as JICA, Unicef, WHO, World Bank etc., if any. (Your working area)

### 4. School Health in your country

- (1) Health Condition of School Children, and high prevalence of Diseases (Top 5)
- (2) Outline of School Health Policies or Laws in your country, if any
- (3) Difficulties or Problems to be solved (related to School Health)
- 5. Subjects you're interested in the program in Japan
- 6. Message to JICA Chubu (if any)

**END** 

### For Your Reference

### JICA and Capacity Development

The key concept underpinning JICA operations since its establishment in 1974 has been the conviction that "capacity development" is central to the socioeconomic development of any country, regardless of the specific operational scheme one may be undertaking, i.e. expert assignments, development projects, development study projects, training programs, JOCV programs, etc.

Within this wide range of programs, Training Programs have long occupied an important place in JICA operations. Conducted in Japan, they provide partner countries with opportunities to acquire practical knowledge accumulated in Japanese society. Participants dispatched by partner countries might find useful knowledge and re-create their own knowledge for enhancement of their own capacity or that of the organization and society to which they belong.

About 460 pre-organized programs cover a wide range of professional fields, ranging from education, health, infrastructure, energy, trade and finance, to agriculture, rural development, gender mainstreaming, and environmental protection. A variety of programs and are being customized to address the specific needs of different target organizations, such as policy-making organizations, service provision organizations, as well as research and academic institutions. Some programs are organized to target a certain group of countries with similar developmental challenges.

### Japanese Development Experience

Japan was the first non-Western country to successfully modernize its society and industrialize its economy. At the core of this process, which started more than 140 years ago, was the "adopt and adapt" concept by which a wide range of appropriate skills and knowledge have been imported from developed countries; these skills and knowledge have been adapted and/or improved using local skills, knowledge and initiatives. They finally became internalized in Japanese society to suit its local needs and conditions.

From engineering technology to production management methods, most of the know-how that has enabled Japan to become what it is today has emanated from this "adoption and adaptation" process, which, of course, has been accompanied by countless failures and errors behind the success stories. We presume that such experiences, both successful and unsuccessful, will be useful to our partners who are trying to address the challenges currently faced by developing countries.

However, it is rather challenging to share with our partners this whole body of Japan's developmental experience. This difficulty has to do, in part, with the challenge of explaining a body of "tacit knowledge," a type of knowledge that cannot fully be expressed in words or numbers. Adding to this difficulty are the social and cultural systems of Japan that vastly differ from those of other Western industrialized countries, and hence still remain unfamiliar to many partner countries. Simply stated, coming to Japan might be one way of overcoming such a cultural gap.

JICA, therefore, would like to invite as many leaders of partner countries as possible to come and visit us, to mingle with the Japanese people, and witness the advantages as well as the disadvantages of Japanese systems, so that integration of their findings might help them reach their developmental objectives.



### **CORRESPONDENCE**

For enquiries and further information, please contact the JICA office or the Embassy of Japan. Further, address correspondence to:

### JICA Chubu Center (JICA Chubu)

Address: 4-60-7 Hiraike-cho, Nakamura-ku, Nagoya, 453-0872, Japan

TEL: 81-52-533-0220 FAX: 81-52-564-3751