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சுவசிரிபாய  
SUWASIRIPAYA

මගේ අංකය )  
எனது இல ) DDG/NCD/125/2019  
My No. )

ඔබේ අංකය )  
உமது இல )  
Your No. : )

දිනය )  
திகதி ) 07 / 06 / 2020  
Date )

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**சுகாதார மற்றும் சுதேசவைத்தியச் சேவைகள் அமைச்சு**  
**Ministry of Health and Indigenous Medical Services**


All Provincial Directors of Health Services  
All Regional Directors of Health Services  
All Heads of Decentralized Units  
Director of Teaching Hospitals  
Director NIHS  
All /MSS/ DMOO/MOOH/ MOICs  
All Heads of Institutions

**Screening & follow up of the working population on Non Communicable Diseases**

This is a reminder regarding the General Circular No. 01-15 / 2020 dated 26<sup>th</sup> February 2020 of DGHS on the above subject. Above circular which has been amended with few alterations is attached herewith. (Gen. Circular no. 01-15/2020-01)

It has been advised to commence the screening of health staff for Non Communicable Diseases in your institution according to the above circular from 1<sup>st</sup> of June 2020.

Please take necessary actions to implement the instructions given in the circular and report the summary of information quarterly. Ministry of health will provide you with participant registers and quarterly returns that have to be filled, in due course.

  
**Dr. Anil Jasinghe**  
Director General of Health Services

**Dr. Anil Jasinghe**  
Director General of Health Services  
Ministry of Health & Indigenous Medicine Services  
"Suwasiripaya"  
385, Rev. Baddegama Wimalawansa Thero Mawatha,  
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திகதி ) 07 / 06 / 2020  
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**சுகாதாரமற்றும் சுதேசவைத்தியச் சேவைகள் அமைச்சு**  
**Ministry of Healthcare and Indigenous Medical Services**

General Circular No: 01 - 15 / 2020 - 01

All Provincial Directors of Health Services,  
All Regional Directors of Health Services,  
All Heads of Decentralized Units,  
Directors of Teaching Hospitals,  
Director NIHS,  
All MSS/DMOO/MOOH/MOICs,  
All Heads of Institutions,

**Screening and follow up of the working population for non-communicable diseases**

Non-communicable diseases (NCDs) are the major causes for high morbidity and pre-mature mortality in Sri Lanka. In addition, these diseases have a major impact on the economy of the households and the country, owing to their chronic debilitating nature requiring long-term care and management. Even though passive screening services for NCDs are provided for the population of 35 years and above through the healthy lifestyle centres (HLC) across the island, it was noted that the working population of the country is significantly missed out due to their employment.

Taking this fact into consideration, at the NCD Council it was decided to make it a mandate that all employees of the Ministry of Health and Indigenous Medical Services have to undergo screening to identify their risk for developing NCDs or the level of control of NCDs already acquired. It was identified as a responsibility of the Head of the Institution to ensure that the staff of the particular institution is being screened or monitored regularly for NCDs.

Therefore, the following measures should be undertaken by the Head of the Institution.

1. All employees who are not already diagnosed with any NCD, should undergo the following physical examination and investigations.

A. Physical examination

- Height
- Weight } **BMI**
- Blood pressure
- Cardiovascular diseases risk assessment (CVD risk assessment)
- Ophthalmic examination (visual acuity, funduscopy)
- Oral examination for oral cancers and precancerous lesions
- Manual Breast examination (for females)

B. Investigations

- Fasting Blood Sugar
- Total Cholesterol
- Serum Creatinine
- Urinary Albumin: Creatinine ratio
- Pap smear (only for females at 35 and 45 years age cohorts)

2. Employees who are already diagnosed with any NCD should produce evidence for regular follow up and treatment, certified by the treating Physician (Consultant/Medical Officer) in the format (annex 1).

It is mandatory that all employees produce these reports to the Head of the Institution, prior to approval of their annual increments. Head of the Institutions have the liberty to appoint a suitable officer to review the reports as and when required.

- Each staff member who is not already diagnosed or not on treatment for any NCD should be referred for this screening, either to the nearest HLC, well woman clinic or OPD of the same hospital by the Head of the Institution using the referral form in Annex I. The referral institution must be decided based on the ease of access to the employee. Please note that the reports from a qualified general practitioner (SLMC registered Medical Officer) are considered valid as well.
- The referral form in Annex II should be used to refer the employees who are already diagnosed with and currently on treatment for any NCD, to their treating Physician (Consultant/ /Medical Officer) and Part B of the referral form should be certified with the annexure I, physical examinations and investigations.
- The list of HLCs at each Regional Director of Health Services (RDHS) division is given in Annex III.

It is the responsibility of the Head of the Institution to ensure that all staff members of the institution, irrespective of their designation are being annually screened for NCDs or being regularly followed up and treated accordingly, prior to approving their annual salary increments.

Even though producing these reports are **mandatory** for the approval of the salary increment, the NCD status of the employee has **NO bearing** for the approval of the increment. This is taken as an opportunity to look into the health issues of employees.

Participant registers and formats for quarterly returns will be provided by Ministry of Health. It is the responsibility of the head of the institution to send the duly filled formats to Director - Non-Communicable Diseases.

This initiative will be implemented for all annual salary increments from the **1<sup>st</sup> of June 2020** onwards. All heads of the institutions should make their staff aware of this initiative prior to its implementation, to prevent future conflicts.

Deputy Director General (Medical Services I and II) are considered as the Head of the Institution for the employees working within the Ministry of Health premises, Colombo.

.....  
Dr. Anil Jasinghe  
**Director General of Health Services**  
**Ministry of Health and Indigenous Medical Services**

Director General of Health Services  
Ministry of Health  
205, Rev. Baddegama Wimalawansa Thero Mawatha  
Colombo 10.

Cc: All DDGs }  
All Directors } *f.y.i*

## Annex I

### Referral form

For Health staff who are not already diagnosed or not on treatment for any NCD  
Annual screening for non-communicable diseases

Please give priority

Date: ..... Employee No: .....

PHN (if available): .....

Full Name: .....

Age (Years): ..... Sex: M F

Occupation: .....

Institution: .....

Referred to: .....

(Write the name of the institution or the general practitioner that the client prefers to visit)

Referral: For annual screening for non-communicable diseases

Physical examination:

- Height } BMI
- Weight } BMI
- Blood pressure
- CVD risk assessment
- Ophthalmic examination (visual acuity, fundoscopy)
- Oral examination for oral cancers and precancerous lesions
- Breast examination (for females)

Investigations:

- Fasting Blood Sugar
- Total Cholesterol
- Serum Creatinine
- Urinary Albumin: Creatinine ratio
- Pap smear (only for females at 35 and 45 years age cohorts)

Referred by:

Name: .....

Designation: .....

Institution: .....

Signature and the official seal: .....

Date: .....

**Annex II**

**Referral form**

**For Health staff who are already diagnosed and on regular treatment for any NCD  
Annual follow up for non-communicable diseases**

**PART A**

**Please give priority**

Date: ..... Employee No: .....  
PHN (if available): .....  
Full Name:.....

Age: ..... Sex: M F  
Occupation: .....  
Institution: .....  
Diagnosis: .....

Referred to: .....  
(Write the name of the institution or the general practitioner that the client regularly visits  
for the clinic follow up)

Referred by:  
Name: .....  
Designation: .....  
Institution: .....

Signature and the official seal: .....  
Date: .....

P.T.O

## Annex II

### Referral form

**For Health staff who are already diagnosed and on regular treatment for any NCD  
Annual screening for non-communicable diseases**

### PART B

Part B of the referral form should only be filled by the treating Physician  
(Consultant/Medical Officer)

Diagnosis: .....

1. Is this patient on regular follow up in the relevant clinic (should be on monthly, uninterrupted clinic visits at least during the last 3 months)?

Yes No

2. Is this patient on regular treatment for the (above mentioned) disease condition?

Yes No

3. Has the patient being investigated for microvascular complications during?  
the previous year? (e.g. Retinopathy, Nephropathy, Neuropathy)

Yes No

Name of the treating Physician: .....

Designation: .....

Institution: .....

Signature and the official seal: .....

Date: .....

**Annex III**  
**Healthy Lifestyle Centres**

<b>Ampara</b>			
PMCU Ambagahawela	DH Thottama	PMCU Muwangala	PMCU Mawanawela
PMCU Namaloaya	DH Wadinagala	PMCU Pannalgama	PMCU Nawamedagama
PMCU Paragahakale	PMCU Koknahara	BH Dehiattakandiya	PMCU Sandunpura
DH Damana	PMCU Madawalalanda	PMCU Lihiniyagama	DH Lahugala
DH Panama	DH Padiyathalawa	DH Senarathpura	PMCU Uhana
BH Mahaoya	PMCU Kolamanthalawa	PMCU Mangalagama	PMCU Weeragoda
<b>Anuradhapura</b>			
DH Galenbindunuwewa	PMCU Wahalkada	PMCU Galadiwulwewa	PMCU Padavi Parackramapura
DH Huruluwewa	DH Kekirawa	PMCU Pubudupura	DH Andiyagala
DH Galnewa	DH Maradankadawala	PMCU Wijayapura	DH Galkiriyagama
DH Negampaha	DH Medawachchiya	TH Anuradhapura	DH Rajanganaya
DH Horowpothana	PMCU Ethakada	PMCU Dewanampiyathissapura	DH Rajanganaya
DH Kalawewa	PMCU Poonewa	DH Elayapatthuwa	DH Ramewa
DH Senapura	DH Mihinthahaya	DH Mahavilachchiya	PMCU Kendewa(Kadawa)
PMCU Kunchchikulama	DH Thammennawa	DH Parasangawewa	DH Eppawala
DH Kahatagasdigiliya	DH Nachchadoowa	PMCU Jayawewa	DH katiyawa
DH Rathmalgahawewa	DH Nelumbewa	PMCU Sacred City	DH Thalawa
BH Kebithigollewa	DH Nochchiyagama	BH Padaviya	BH Thambutthegama
PMCU Thithagonewa	DH Ranorawa	PMCU Mahasenpura	DH Paimaduwa
PMCU Galkulama			
<b>Badulla</b>			
DH Kandagolla	PMCU Hebarawa	DH Glannore	DH Bibilegama
DH Telbedda	DH Haldumulla	DH Haputale	DH Kahataruppa
PGH Badulla	DH Koslanda	DH Galauda	DH Meedumpitiya
DH Bandarawela	DH Poonagala	DH Kandaketiya	DH Passara
PMCU Liyangahawela	DH Ettampitiya	PMCU Thannapanguwa	DH Ury
DH Demodara	DH Sprinvelly	DH Hopton	DH Ekiriyankumbura
PMCU Ballaketuwa	DH Unugalla	DH Lunugala	DH Uraniya
PMCU Ella	DH Uvahighland	DH Metigahathanna	PMCU Uvathissapura
PMCU Halpe(Helahalpe)	PMCU Haliel	BH Mahiyangana	DH Kandagedara
PMCU Namunukula	PMCU Rilpola	DH Dambana	Taldena
DH Girandurukotte	BH Diyathalawa	DH Meegalakiula	DH Downside
PMCU Bathalayaya	DH Dhambethanna	DH Roberiya	DH Kirkeels
DH Uvaparagagama	DH Wewegama	PMCU Pannalawela	BH Welimada
DH Bogahakumbura	DH Haggala	DH Nadungamuwa	PMCU Hewanakumbura
DH Boralanda	DH Mirahawaththa	PMCU Keppetipola	DH Kanawarella
PMCU Hewanakumbura	DH Udaweriya	DH Saraniya	

<b>Batticaloa</b>			
DH Arayampathy	DH Karadiyanaru	DH Thuraineelavanai	BH Valaichenai
DH Palamunai	DH Mavadivenpu	BH Kattankudy	DH Mandapathady
TH Batticaloa	BH Eravur	DH Santhively	DH Navatkadu
PMCU Navalady	BH Kaluwanchikudy	DH Mahiladithivu	DH Mandur
PMCU Thiraimadu	DH Cheddipalayam	DH Vakarai	DH Palugammam
DH Chengalady	DH Kallar	Valaichenai	DH, Meeravodai
<b>Colombo</b>			
PMCU Angoda	PMCU Folk Art centre	PMCU Mirihana	PMCU Rukmalgama
DH Athurugiriya	PMCU Hanwella	DH Moratuwa (Lunawa)	PMCU Sedawatta
BH Avissawella	BH Homagama	PMCU Nugegoda	DH Thalagama
PMCU Boralasingamuwa	PMCU Kaduwela	PMCU Obeysekarapura	PMCU Thummodara
PMCU Brahmanagama	PMCU Koralawella	PMCU Pannipitiya	PMCU Waga
PMCU Dadigamuwa	PMCU Madiwela	PMCU Piliyandala	PMCU Wallampitiya (Viharamawatha)
PMCU Delkanda	DH Maligawatta	PMCU Pinnawala	DH Wathara
PMCU Ethul kotte (Anganpitiya)	PMCU Meegoda	PMCU Ratmalana	PMCU Weragala
NCCP Clinic Line Ministry	DH Padukka		
<b>Jaffna</b>			
BH Chavakacheri	BH Kayts	PMCU Thirunelvely	PMCU Chunnakam
DH Kodikamam	DH Analaitivu	BH Pointpedro	PMCU Erlalai
DH Varani	PMCU Eluvaitivu	DH Ampan	PMCU Uduvil
PMCU Kaithady	DH Kopay	DH Valvettithurai	PMCU Punnalaikadduvan
DH Changanai	DH Atchuveli	PMCU Pointpedro	PMCU Inuvil
DH Vaddukoddai	PMCU Urumpirai	DH. Manipay	DH Nainativu
PMCU Tholpuram	PMCU Puttur	DH Pandaitaripu	DH Pungudutivu
PMCU Vaddukkoddai	DH Maruthankerni	BH Tellipalai	DH Velanai
DH Gurunagar	PMCU Mulliyana	DH Ilavala	DH Delft
DH Karainagar	DH Kondavil	DH Alaveddy	DH Mandaitivu
DH Karaveddy	PMCU Kokuvil	PMCU Kurumpaciddy	TH.Jaffna
<b>Gampaha</b>			
BH Wathupitiwala	TH Meethirigala	DH Divulapitiya	Kebellagashandiya field HLC
TH Alawala	TH Pugoda	TH Ganemulla	TH Katunayaka(PMCU)
TH Bemulla	DH Dompe	TH Kalagedihena	BH Kiribathgoda
TH Thihariya	DH Radawana	TH Weliveriya	TH Sinharamulla
TH urapola	TH Dunagaha(PMCU)	DGH Gampaha	TH Peliyagoda
TH Veyangoda	TH Badalgama(PMCU)	MCH Makewita Field HCLC	TH Hunupitiya
BOI Biyagama field HLC	TH Halpe- Mirigama	DH Ja-ela	TH Kadawatha
DH Biyagama	TH Halpe-Katana	MCH Gallawatta field HLC	DH Malwathuhiripitiya
TH Anuragoda	TH Kotadeniyawa(PMCU)	MCH Kandana field HLC	DH Udupila
TH Malwana	TH Weekada(PMCU Wakada)	TH Andiambalama	Prison Hospital Mahara
TH Mandawala	DH Akaragama(PU)	TH Kandawala -Katana	BH Mirigama
TH Ambepussa(PMCU)	TH Bokalagama(PMCU)	TH Halpe- Mirigama	PMCU Pasyala
PMCU Kaleliya	PMCU Maligathenna	PMCU Nambuluwawa	PMCU Wewaldeniya
PMCU Maladeniya(PMCU Madelgamuwa)	PMCU Muddaragama	PMCU Pallewela	Develapola

Korasa	TH Talahena	TH Madawala Minuwangoda	TH Uswetakeiyawa
Madelgamuwa	DGH Negombo	TH Raddolugama	DH Pamunugama
DH Minuwangoda	Batuwatta field HLC	TH Seeduwa	Navy Hospital (Welisara)
Kochchikade	Kurukulawa field HLC	Vijaya Kumarathunga Hospital	
<b>Galle</b>			
PMCU Pilana	PMCU Gintota	DH Madampagama	DH Niyagama
DH Ambalangoda	BH Elpitiya	PMCU Hikkaduwa	PMCU Pitigala
DH Batapola	PMCU Amugoda	DH Imaduwa	DH Rathgama
DH baddegama	PMCU Kahaduwa	DH Bentota	DH Hiniduma
PMCU Hammaliya	DH Hikkaduwa	DH Induruwa	PMCU Opatha
PMCU Thelikada	PMCU Kirindiela	D Karadeniya	BH Udugama
PMCU Wanduramba	DH Ahangama	DH Uragasmanhandiya	DH Nagoda
PMCU Ahungalla	DH Unawatuna	PMCU Hipankanda	HLC Ampegama
PMCU Kosgoda	PMCU Habaraduwa	DH Neluwa	PMCU Agaliya
PMCU Nakiyadeniya	PMCU Yakkalamulla	DH Habaraduwa	
<b>Hambantota</b>			
DH Ambalantota	DH Ihala Beligalla	PMCU Beralihela	DH Kirinda
PMCU Ridiyagama	DH Beragama	DH Sooriyawewa	BH Walasmulla
DH Angunukolapelessa	PMCU Bandagiriya	Field clinic Sooriawewa	DH Kirama
DH Hakuruwela	DH Katuwana	BH Tangalle	DH Gonadeniya
DH Kariyamaditta	DH Middeniya	DH Nakulugamuwa	DH Weeraketiya
PMCU Abesekaragama	DH Lunugamvehera	DH Ranna	Field clinic Bedigama
DH Beliatta	Lunugamvehera	BH Tissamaharamaya	PMCU Galpoththayaya
<b>Kalutara</b>			
BH Pimbura	BH Horana	PU Galpatha	BH Panadura
DH Bandaragama	DH Ingiriya	PU Haltota	PU Goanaduwa
PU Bulathsinghala	DH Mathugama	Estate Hospital New Chatel	TH Wadduwa
PU Dodangoda	PU Katugahahena	PU Baduraliya	DH Meegahathenna
<b>Kalmunai</b>			
BH Akkaraipattu	DH Deegawapiya	PMCU Komary	MOH Addalaichenai
BH AMH	DH Irakkamam	PMCU Malwatta	MOH Akkaraipattu
BH Kalmunai North	DH Karaitivu	PMCU Mavadippalli	MOH Alayadivembu
BH Ninthavur	DH Maruthamunai	PMCU Muhammadiyahapuram	MOH Irakkamam
BH Pottuvil	DH Oluvil	PMCU Panankadu	MOH Kalmunai North
BH Sammanthurai	DH Palamunai	PMCU Periyaneelavanai	MOH Karithivu
BH Thirukkivil	DH Sainthamarudu	PMCU Sennelkiramam	MOH Navithanvelli
DH Addalaichenai	PMCU Alamkulam	PMCU Sorikkalmunai	MOH Ninthavur
DH Akkaraipattu	PMCU Annamalai	PMCU Ullai	MOH Pottuvil
DH Cental Camp	PMCU Chenaikudiyiruppu	MOH Kalmunai South	MOH Sainthamaruthu
MOH Sammanthurai	MOH Thirukkivil		

<b>Kandy</b>			
DH Akurana	DH Katugasthota	DH Dunhinna	PMCU Udathalavinna
DH Babaradeniya	PMCU Suduhumpola	PMCU Makuldeniya	DH Thalatuoya
DH Wattappola	DH Thiththapajjala	DH Medadumbara	DH Marassana
DH Morahena	DH Medawela	DBH Teldeniya	DH Ankubura
DH Panvilathenna	DH Sangarajapura	DH Hasalaka	DH Bakkawela
DH Galagedara	DH Hatharaliyadda	DH Morayaya	DH Ududumbara
DH Delthota	RH Digana	DH Madulkele	DH Pussallawa
DH Galaha	PMCU Digana	DGH Nawalapitiya	DH UdagamaAtabage
DH Kuruduwiththa	DH Galpihilla	DH Waththegama	DH Mampitiya
DH Ulapane	DH Menikhinna	DH Jambugahapitiya	DH Pamunuwa
DH Kadugannawa	DH Muruthalawa		
<b>Kegalle</b>			
DH Aranayaka	PMCU Boralankada	TH Kegalle	BH Warakapola
PMCU Wattegedara	PMCU Basnagala	BH Mawanella	DH Beligala
PMCU Wakirigala	PMCU Pothdenikanda	DH Hemmathagama	DH Mahapallegama
PMCU Rahala	DH Pindeniya	PMCU Uyanwiththa	PMCU Algama
DH Udugoda	MRU& PMCU Dematanpitiya	DH Rambukkana	PMCU Narangoda
PMCU Bulathkohupitiya	PMCU Dewalegama	PMCU Baddewala	PMCU Nelundeniya
PMCU Kiriporuwa	DH Gantuna	BH Karawanella	PMCU Niyadurupola
PMCU Dedugala	PMCU Karadupana	DH Amithirigala	DH kithulgala
DH Sapumalkanda	PMCU Minuwangamuwa	DH Gonagaldeniya	DH Halgolla
DH Hinguralakanda	PMCU Kehelwiththa	PMCU Galapitamada	ERH panawatta
PMCU Yatiyanthota			
<b>Killinochchi</b>			
DH Tharmapuram	BH Army	DH Pallai	PMCU Kandawalai
DH Uruththirapuram	BH Mulankavil	DH Poonakary	Harmony center
DH Veravil	DH Akkarayankulam	PMCU Jeyapuram	Karanthai center
<b>Kurunegala</b>			
DH Alawwa	PMCU Usgalasiyambalangamuwa	PMCU Kadigawa	PMCU Balalla
DH Nawathalwiththa	DH Hiripitiya	PMCU Kelegama	DH Thalampitiya
PMCU Boyawalana	PMCU Kumbukwewa	PMCU Rasnayakapura	DH Indulgoda
PMCU Udumulla	DH Giribawa	BH Kuliyapitiya	DH Mawathagama
PMCU Welikare	DH Gokarella	DH Koshena	PMCU Digampitiya
DH Ambanpola	DH Mookalanyaya	PMCU Wewagama	PMCU Inguruwiththa
PMCU Ethanawaththa	PMCU Melsiripura	DH Wellawa	PMCU Kahapathwala
DH Bingiriya	PMCU Batalagoda	PMCU Kudagalgamuwa	PMCU Weuda
DH Weerapokuna	PMCU Kimbulwanaoaya	PMCU Maspotha	BH Dambadeniya
PMCU Hiruwalpola	DH Katupotha	PMCU Gonagama	DH Narammala
PMCU Tisogama	PMCU Bihalpola	MC Kurunegala	BH Nikaweratiya
BH Galgamuwa	PMCU Kakunagolla	Provincial Health Ministry	PMCU Diullegoda
DH Atharagalla	DH Kobeigane	TH Kurunegala	DH Hettipola
DH Meegalewa	PMCU Boraluwewa	DH Maho	DH Muwanhela
DH Ehetuwewa	DH Kotawehera	DH Karambe	MCU Moonamaldeniya
DH Mahananneriya	DH Mahagirilla	DH Nagollagama	PMCU Bandarakoswiththa
PMCU Dotella	DH Sandalankawa	PMCU Narangoda	PMCU Wadakada
PMCU Kolabagama	DH Kandanedegara	DH Polgahawela	DH Polpithigama
PMCU Kosdeniya	DH Bopitiya	PMCU Pothuhera	DH Nikawewa

PMCU Mohoththuwagoda	PMCU Elabadagama	PMCU UdaPolawaththa	MOH Polpithigama
PMCU Potuwila	PMCU Makulpotha	DH Gonigoda	PMCU Diwrumpola
PMCU Thalokolawewa	PMCU Thalawa	PMCU Dodangaslanda	PMCU Horethapola
PMCU Madahapola	DH Rideegama	PMCU Buluwala	PMCU Kattimahana
PMCU Kalugalla	DH Delwita	DH Dunakadeniya	PMCU Udubaddawa
DH Wariyapola	PMCU Netiya	DH Gonawa	PMCU Uhumeeya
PMCU Minuwangete			
<b>Mannar</b>			
DGH mannar	DH Vankalai	DH Vidathaltheevu	PMCU Morichukkadi
BH Murungan	DH Nanattan	PMCU Tharapuram	PMCU Vepankulam
DH Pesalai	DH Chilawathurai	PMCU Ketheeswaram	PMCU Kunjikkulam
DH Thalaimannar	DH PeriyaPandiviruchan	PMCU Uyilankulam	PMCU Iranailuppanyaulam
DH Erukkalampity	DH Adampan	PMCU Ponduraveli	PMCU Periyamadu
PMCU Vellankulam			
<b>Matara</b>			
TH Maramba	BH Kamburupitiya	TH Dehigaspe	TH Yatiyana
DH Akuressa	TH Ruhunugama	DH Morawaka	TH Galbokka
DH Dewinuwara	TH Kirinda	TH Makandura	TH Kamburugamuwa
DH Thalalla	TH Pallegama	DH Deiyandara	TH Midigama
DH Dickwella	TH Kotapola	TH Beralapanathara	TH Mirissa
DH Urugamuwa	TH Horagoda	DH Mawarala	DGH Kamburugamuwa
DH Gangodagama	TH Thelijjawila	DH Urubokka	DH Weligama
DH Narawelpita	TH Kekanadura	TH Thihagoda	TH Denipitiya
<b>Monaragala</b>			
DH Badalkumbura	DH Okkampitiya	PMCU Bakinigahawela	PMCU Buddama
DH Hingurukaduwa	DH Kataragama	PMCU Godigamuwa	PMCU Dombagahawela
PMCU Dewathura	DH Dambagalla	PMCU Nannapurawa	PMCU Kotiyagala
BH Bibile	DH Inginiyagala	DGH Moneragala	DH Hambegamuwa
DH Pitakumbura	PMCU Deliwa	DH Sewanagala	DH Thanamalwila
PMCU Kotagama	PMCU Rathmalgahaella	BH Siyambalanduwa	BH Wellawaya
DH Buttala	DH Medagama	DH Ethimale	DH Handapanagala
<b>Matale</b>			
BH Dambulla	DH L/Pallegama	PMCU Paldeniya	DH Hettipola
DH Lenadora	PMU H/Amuna	PMCU Pallepola	DH Yatawatta
DH Sigiriya	DGH Matale	DH Rattota	PMCU Gurubabila
PMCU Wewalawewa	PMCU Aluwiharaya	PMCU Kandenuwara	PMCU Madawala Ulpotha
DH Galewela	DH Nalanda	PMCU Ukuwela	PMCU Ovilikanda
PMCU Madipola	PMCU Kongahawela	DH Handungamuwa	PMCU Wahakotte
<b>Mullativu</b>			
BH Mallavi	DH Kokkilai	DH Moonkilaru	DH Oddusuddan
BH Mankulam	DH Alampil	DH Nadakandal	DH Puthukkudiyiruppu
DH Sampathnuwara	DH Unnapulawu		

<b>Polonnaruwa</b>			
Hospital Medirigiriya	PMCU Gal oya Junction	PMCU Araganwila	PMCU Kekuluwela
PMCU Ambagaswewa	PMCU Hatheraskotuwa	Hospital Bakamuna	PMCU Nuwaragala
PMCU Divulankadawala	Hospital Welikanda	Hospital Aththanakadawala	Hospital Pulasthigama
PMCU Meegaswewa	PMCU Aselapura	Hospital Diyabeduma	Hospital Gal amuna
PMCU Wijayapura	PMCU Sewanapitiya	Hospital Manampitiya	PMCU Onegama
Hospital Hingurakgoda	Hospital Aranaganwila	PMCU Ellawela	PMCU P S Colony
Hospital Jayanthipura	PMCU Weheragala	PMCU Siripura	DGH Polonnaruwa
<b>Puttalam</b>			
DH Anamaduwa	PMCU Pothuwatawana	NCDU RD Office	PMCU Nattandiya
DH Kottukachchiya	DH Kalpitiya	PMCU Thoduwawa	PMCU Madawakkulama
PMCU Mahakubukkadawala	PMCU Alankuda	PMCU Yatakalana	PMCU Pallama
PMCU Mudalakkuliya	PMCU Kandakuda	DH Mundal	PMCU Wilpotha
DH Anawilundawa	PMCU Karabey	DH Udappuwa	BH Puttalam
PMCU Wijekatuipotha	Mampoory	PMCU Kottanthiw	PMCU Alcaium
DGH Chilaw	DH Aluthgama	PMCU Madurankuliya	PMCU Hidayathnagar
PMCU Kokkawila	DH Thabbowa	PMCU Puladiwayal	PMCU Karathiew
DH Dankotuwa	PMCU Nawagaththegama	B.H.Marawila	PMCU Wanathawilluwa
PMCU Kirimetiyana	DH Galmuruwa	PMCU Koswatta	PMCU Weppamadu
PMCU Mallawa	DH Madampe	PMCU Manningala	DH Lunuwila
PMCU Nainamadama	PMCU Wennappuwa		
<b>Ratnapura</b>			
DH Ayagama	PMCU Mulediyawala	DH Kiriella	DH Hunuwala
DH Dumbara	PMCU Thunkama	PMCU Dodampe	PMCU Kalalella
PMCU Paragala	DH Godakawela	PMCU Ellagawa	PMCU Narissa
DH Kalthota	DH Madampe	PMCU Matuwagala	PMCU Udawela
DH Mahawalathenna	DH Palamkotte	DH Kolonna	DH Pelmadulla
DH Rassagala	DH Rakwana	DH Omalpe	PMCU Berenduwa
PMCU Diyavinna/Kapugala	PMCU Atakalampanna	DH sooriyakanada	Medical center Provincial Council
PMCU Kirimetithenna	PMCU Hiramadagama	PMCU Buthkanda	PMCU Puligupitiya
PMCU Rajawaka	PMCU Welkeniyaya	DH Erathna	TH Rathnapura
BH Eheliyagoda	BH Balangoda	DH Theppanawa	DH Alupola
DH Kiriporuwa	DH Belihuloya	Medical Unit Army camp	DH Gallella
PMCU Diurumpitiya	DH Marathenna	Medical Unit Prison Hospital	DH Gilimale
PMCU Napawala	PMCU Denagama	PMCU Devipahala	PMCU Gurubevilagama
PMCU Pusella	PMCU Morahela	PMCU Galukaga	PMCU Hapugasthenna
DH Weragama	PMCU Pinnawala	PMCU Keeragala	PMCU Rathganga
PMCU Dellabada	BH kahawaththa	PMCU Kuruwita	DH Pallebedda
PMCU Palawela	DH Endana	DH Kiribathgala	DH Udawalawa
DGH Embilipitiya	PMCU Haupe	DH Niwitigala	PMCU Kolabagrara
DH Chandrikawewa	BH Kalawana	PMCU Delwala	DH Ranwala
PMCU Koonkatuwa	DH Pothupitiya	PMCU Marapana, Panagama, Dela	DH Weligepola
PMCU Moraketiya	PMCU Weddagala	PMCU Udakarawita	PMCU Galpaya
PMCU Ganegoda	PMCU Meddekanda	PMCU Mahingoda	

<b>Nuwaraeliya</b>			
DH Ginigathena	DH Kothmale	DH Mathurata	DH Hightforest
DH Laxapana	DH North Madakumbura	PMCU Manakola	DH Udupussellawa
DH Watawala	PMCU Protoft	DH Maldeniya	PMCU Kurupanawela
PMCU Hangarapitiya	PMCU Pundaluoya	PMCU Hapugasthalawa	PMCU Ragala
PMCU Hatton	DH Agarapathana	PMCU Ketaboola	PMCU Rupaha
PMCU Widulipura	DH Dayagama	PMCU Maswela	DH Madulla
DH Bogawanthalawa	DH Lindula	PMCU Nawathispane	DH Nildandahinna
DBH Rikillagaskada	DBH Dickoya	PMCU Wijebahukanda	DH Theripaha
DH Gonaganthanna	DH Maskeliya	PMCU Ambewela	DH Walapane
DH Hanguranketha	PMCU Upcot	PMCU Kandapola	PMCU K/Bandarapura
DH Mooloya	DH Gonapitiya	PMCU Nanuoya	PMCU Kalaganwaththa
DH Kotagala	DH Mandaramnuwara	DGH Nuwaraeliya	PMCU Munwaththa
<b>NIHS</b>			
BH Beruwela	DH Dargatown	PMCU Mahagammadda	Dediyawala Field clinic
DH Aluthgama	GH Kalutara		
<b>Trincomalee</b>			
DH Eachchilampattu	PMCU Chenaiyoor	DH Serunuwara	PMCU China bay
DH Gomarankadawala	DH Nilaveli	DH Seruwila	PMCU Sampalthivu
PMCU Mahadvulwewa	PMCU Kumburupitti	DH Thambalagamam	PMCU Selvanayagapuram
PMCU Morawewa	PMCU Thiriya	PMCU Gantalawa	BH Mutur
PMCU Battukachchiya	DH Kilivetti	PMCU Mullipothanai	PMCU Kappalthurai
PMCU Wanela	PMCU Naduoothu	GH Trincomalee	DH Kuchchaveli
PMCU Alankerny	DH Padavisripura	HLCMadathady	PMCU Manalchenai
DH Sampoor	BH Pulmoddai		
<b>Vavuniya</b>			
BH Chettikulam	PMCU Sooduvenhapulavu	DH Sithamparapuram	DH Nedunkerny
DH Neriyaikulam	DGH Vavuniya	PMCU Navi	DH Puliyankulam
DH Pavatukulam	DH Poovarasankulam	PMCU Omanthai	DH Mamaduwa
DH Ulukkulam	PMCU Bogaswawa		